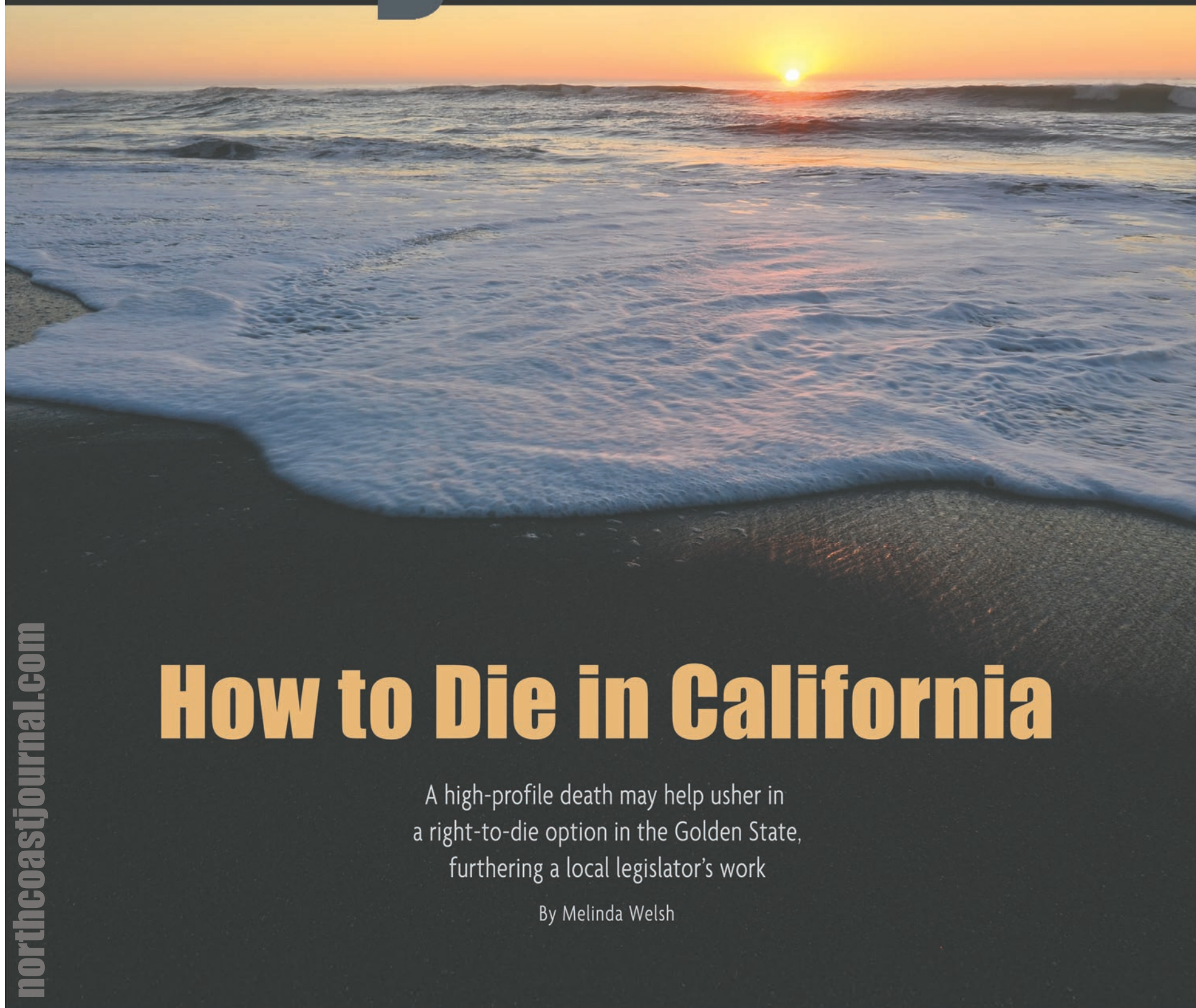


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How to Die in California

A high-profile death may help usher in
a right-to-die option in the Golden State,
furthering a local legislator's work

By Melinda Welsh

6 Punch up 8 A.C.L. You be quiet 9 Police shooting everything 20 Frit not 26 Foul is fair 27 Speak of the devil 32 Whip smart 38 Ready, SETI, go



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Ode to Old Town

These red bricked streets and earthquaked buildings
These long glass eyes
Ghosts of burgeoning vines and overlapping progeny
These haunting grounds

These homes for dreams, plans, dust
collecting between the stones, foam
in the fountain (tonight, last time)
Pigeons and people, the players
Change, and keep on changing

The dramas remain, consistency of concerns
Shops open, close
A family tree grows in each doorway
twisted pipe branches memories
In this place I changed
Dreamed
Sang
Drank
All past-tenses creating this present
Existing between conjoining recollections and
This play, this stage, this back drop
This lead
This love

My heart lives here, wandered, wounded, welcome
In the place I will always be welcome
Things change
and keep on changing

My self changes
and keeps on changing

— Diamond Moebus

ONE REASON
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CARTOON BY TERRY TORGERSON

Physics, shmysics

Editor:

The Nobel Prize in Physics is awaiting Judy Hodgson's diet guru, Dr. Robert Lustig, if he can back up, "There goes the First Law of Thermodynamics, right out the window ..." ("Obesity — How'd THAT Happen?" Jan. 22).

To the best of my knowledge, the First Law is still safe and sound, however, and if you eat more calories than you burn, you gain weight.

Maybe hold off buying those tickets to Stockholm just yet.

— Barry Evans, Eureka

Write a letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com ●

Comment of the Week

"There are children that understand how future generations will have far better uses of the last of the cheap fuel than spewing it out from a monument to impulsive-addiction (drunk) Americans named 'El Poopo' or, hauling 2 tons of exploding steel to go shopping and burning one-ton of jet fuel for a 10-day junket to Europe."

— "Barry Gates," commenting on Duane Flatmo's most recent success with El Pulpo Mecanico.

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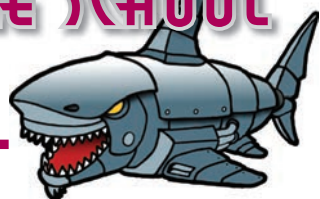
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VIEWS

'Are You OK?'

Is rape culture the third rail of discourse?

By Linda Stansberry

newsroom@northcoastjournal.com

Two weeks ago the *Journal* published an op-ed I wrote about the rape and exploitation of women in our local weed industry. It got a very interesting response.

A friend from my hometown emailed to ask if I was writing about a community member accused of rape.

Another friend who works in the industry texted to thank me. She's turned down numerous jobs with growers who have bad reputations. It hurt her bottom line, but it was worth it.

A man I'd never met befriended me on Facebook. He is a grower concerned about what he considers rampant sexism in the industry. He says that he always strives to ensure the safety of his workers, male and female, but has heard many stories of less ethical employers.

And then the mysterious emails started, from friends and colleagues.

"Are you okay?"

"Are you okay?"

"Wow, dude, that's just crazy. Are you okay?"

And that's how I found out a 400-comment strong dogpile of strangers were saying vulgar things about me on a local comedian's Facebook page. It didn't feel great. Actually, it made the hair on the back of my neck stand up. In my brief tenure as a freelancer for the *Journal* I've written about some controversial stuff: poverty, murder, addiction. I didn't expect that rape would be the third rail, especially in our progressive little corner of the world. And the fact that it is comes with alarming precedent. In October 2014, feminist critic Anita Sarkeesian was forced to cancel speaking dates after her venue — Utah State University — was threatened with a mass shooting. What prompted the threat? Sarkeesian's web series exposing sexist stereotypes in video games. In 2013, *Jezebel* writer Lindy West received a barrage of threats after she criticized a comedian for making jokes about gang rape. Among the threats: "There is a group of rapists with over 9,000 penises coming for this fat bitch." Other women have been doxxed (their personal information, including street addresses, were released

online), have had their personal photographs stolen and put on porn sites, and have been threatened with assault and murder across social media sites. The formula seems pretty clear: Women who talk about rape get threatened with rape.

So it was ultimately a relief to see that most of the thread consisted of puerile jokes and some passionate criticism of my writing style. Being told that anal sex might "get the stick out of my ass?" That I can handle. Thanks, Humboldt.

And honestly, Humboldt? You're paying attention to the wrong thing. I appreciate your concern, but it's really frustrating to write about something as serious as the problem of rape culture within grow culture only to have it buried under questions about whether I'm going to engage in a fight I didn't pick with a person I don't know, especially when the "controversy" attached to the article is a non-starter. Should comedians be allowed to demean women and joke about rape? Absolutely. The First Amendment protects your right to sound as stupid as you want, as well as my right to call you pathetic when you choose to punch down rather than punching up.

So stop asking if I'm OK. I'm great. You're reading my words in a newspaper. I have a platform. I have power. Don't wring your hands over men versus women, writers versus comedians, or Linda Stansberry versus the peanut gallery. Both I and (I assume) my critics are blessed with a legal system that protects us, an audience that is willing to hear us and a community that will support us.

If you want to be helpful, start asking about how we can build a community that supports people with no platform, no power and no voice. Start with the people who don't look like you, who make you uncomfortable, who have different values than you, who don't have the law to depend on or a daddy to bail them out of jail or even the simple human dignity of not having their very existence be the butt of someone else's jokes. If you're housed, fed, not mentally ill, not addicted to drugs and don't have a criminal record you are immensely privileged and immensely powerful. The very least you can do is not kick people when they're down. The very best you can do is use that power to effect change, even if that

just means refusing to shut up about the things that make people uncomfortable.

A few months ago I got a late night phone call from an old friend. She was fighting sleep in the barricaded room of a grow house, where she'd been left alone with a worker she didn't trust. She was scared, she told me, that if she fell asleep he'd force his way into the room. When I asked for her address she panicked and hung up, saying, "You'll call the police. The police can't come here."

If my friend doesn't trust her boss to protect her, the police to help her or me to simply be a good neighbor and come get her, who does that leave? And how did it get this bad? I'd like to say that she's an isolated case, but she's not. If she were, then I wouldn't be getting those other emails in response to that column, the ones that say, "Thank you," or "Me too," or "Are you talking about this?" or, heart-breakingly, "I worry about my daughter every fall."

So take your time. Think about it. If the best you can do when I call on you to create a community that protects women is to say (in the words of one *Journal* commenter) that I need "to get laid," then fine. I've never been one to turn down romantic advice. Maybe I'll meet a handsome fellow feminist and we'll find out whether or not you were right. In the meantime, know that I'm here for you too. If it was you who was too drunk to stand up at that party, trapped in the hills without a car, friends or money, or on the other end of the phone, I would stand up for you. No matter what you've said or done, you deserve the simple dignity of having a neighbor who will listen and reach out her hand. Call me whatever you want, and call me anytime. ●

Linda Stansberry is a freelance journalist from Honeydew and regular Journal contributor.

Have something you want to get off your chest? Think you can help guide and inform public discourse? Then the Journal wants to hear from you. Contact us at editor@northcoastjournal.com to pitch your column ideas.

thejournal
OF POLITICS, PEOPLE AND ART

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ACLU Angst

Many of us in Humboldt County love the independence we have in our tiny towns far from the big city, but we also want to be a part of what's happening out in the world. We want it both ways.

Maybe that's at the heart of a rift currently taking place between the folks at the American Civil Liberties Union down in San Francisco and over in Washington, D.C., and the members of our own chapter in Eureka.

The Redwood Chapter has been around since 1990, when local attorney Christina Allbright came to town. She'd been a member since her senior year of high school and was disappointed to find herself in a place that didn't have an ACLU branch. So she helped set one up. The Redwood Chapter is one of 19 offshoots of the Northern California regional affiliate in San Francisco.

Here's my disclosure before I continue: Last year, the Redwood Chapter gave me a nice award. They called me a "patriot" for speaking up on issues of free speech and assembly. I accepted the award, even though the "patriot" part made me feel a little uncomfortable. I'm one of those people who imagine there are no borders. I'm not a member of the ACLU, however, mostly because as a journalist I tend not to join organizations.

But let's get back to the ACLU and speaking up for free speech.

The national organization told members of the Redwood Chapter, which represents Humboldt, Del Norte, northern Mendocino and western Trinity counties, that they should keep their traps shut. They can no longer take stands on issues as the Redwood Chapter of the ACLU without first going through public relations people in San Francisco. It is part of a larger restructuring, which also mandates other things. The local chapter can't run its own elections for its board any more. A slate of candidates has to first be cleared with the national group. At its annual meeting, which will take place Jan. 29 at the Unitarian Fellowship in Bayside at 6 p.m., members will no longer be able to make nominations from the floor, as they have in the past. The national organization also took control of both the content of the chapter's mailings and its distribution list. It's all a bit heavy handed, Allbright told me.

This infuriates the local membership, which wants to be able to take stands on local issues. It has opposed prayers at city council meetings in Eureka and advocated for local police to wear body cameras.

If you aren't familiar with the ACLU, here is the motto you can find on its main website: "Because freedom can't protect itself." The constitutional rights group got Clarence Darrow to represent teacher John Scopes in the famous "Monkey Trial" case in 1925, it fought the internment of Japanese-Americans during WWII and it helped bring Brown v. The Board of Educa-

tion to the U.S. Supreme Court in 1954.

The clamping down seems to be a classic example of good intentions that result in censorship. It may have to do with the ACLU's tricky public relations problems. People feel strongly about the organization. Back when the first George Bush ran for president against Michael Dukakis in 1988, Bush accused his opponent of being a "card-carrying member of the ACLU," equating membership in a group that fights for free speech and free assembly with Communism. Since then, having ACLU on the side of any given issue could attract support or drive people away, depending on whether you think it is a great protector of your rights or a Commie-Pinko organization. Knowing this, the ACLU has to be careful of what issues it publicly supports. It doesn't want to cost a ballot proposition votes because of public misunderstanding about its role. Sometimes, it might strategically decide to take a backseat on issues.

The annual meeting on Jan. 29 should be interesting. There's going to be someone from the national board, and Abdi Soltani, the executive director of the San Francisco affiliate, is scheduled to speak.

You could see why the ACLU would want to reign in its little chapters. Hundreds of little voices all shouting different things isn't nearly as powerful as one clear voice that speaks for hundreds or thousands. Organizations that fight for democracy aren't themselves democratic.

But this rift is so interesting because it seems to go against the thing I've always admired most about the ACLU. It's not there to protect the majority; it is there to remind us that for a democracy to work, you have to protect all the minority voices. Why do so many people hate the ACLU? Because they remember how the group took a stand back in 1978 to defend the right of a group of Nazi-lovers to march through Skokie, Illinois. If you believe in free speech and free assembly the way I do, you have to be willing to hear speech you detest and be willing to abide assemblies of people you fear. Free speech is messy and sometimes scary.

The question is, when the group trying to silence you is the ACLU, where do you turn?

— Marcy Burstiner

mib3@humboldt.edu

Marcy Burstiner is chair of the Department of Journalism and Mass Communication at Humboldt State University. She wants to give a shout-out to a group of students practicing their right to free speech and assembly by occupying HSU's Native American Forum to protest the firing of Dr. Jacquelyn Bolman. The sit-in has disrupted classes that take place in the building. Free speech and assembly is disruptive. And that's a class lesson we all need to revisit from time to time.



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BLOG JAMMIN'



HUMBOLDT BAY FIRE SUSPECTS ARSON TO BE THE CAUSE OF SUMMER STREET BLAZE.
PHOTO BY MARK MCKENNA

COMMUNITY

City to Shutter Blue Heron

The city of Eureka announced that it will shutter defiant local property owners Floyd and Betty Squires' Blue Heron Lodge for failing to comply with the city's problem motel ordinance.

Specifically, the city alleges the Squireses have failed to get a lodging permit for the 15-room motel located on Broadway toward the south end of town. The city also notes that the property has generated an average of 6.5 calls a year for emergency police, medical and fire services for each of its rooms, making it the city's top generator of emergency service calls since the city began tracking the statistic.

The Squireses, who weren't immediately available for comment, have faced a long history of accusations of providing inadequate dwellings at their more than two dozen rental properties throughout town. Currently, a local judge is deciding whether to put 26 of their properties under the control of a court-appointed receiver at the city's request.

Residents of the Blue Heron have until Feb. 4 to find a new place to live. Eureka Chief Building Official Brian Gerving said the city, the Humboldt County Department of Health and Human Services and Street Outreach Services will do everything possible to help connect them with available programs and services.

— Thadeus Greenson

CRIME / EMERGENCY

Arson in Eureka

Humboldt Bay Fire crews responded to a fire on the 800 block of Summer Street

in Eureka just after 11 a.m. on Jan. 24. The single alarm fire sent heavy smoke billowing into the sky and could be seen from across town.

Fire Chief Ken Woods said at the scene Saturday that an interview with the residence's sole occupant led the department to deem the fire "suspicious." That occupant was not home when the fire started, but expressed concern over some issues. Humboldt Bay suspects arson and has forwarded its investigation to the police department.

— Thadeus Greenson

COMMUNITY / CRIME

EPD May Start Wearing Cameras

As the ripples of last year's national and local police-involved shootings reverberate through the country, Eureka's police department is considering outfitting officers with wearable cameras.

Chief Andrew Mills supports the idea, but said much needs to be sorted out before it will happen.

Mills' plan is to repurpose \$60,000 currently earmarked for police car dashboard cameras and use it for body cameras. That shuffle will require city council approval, but Mills said there are lots of legal questions to be answered first.

In the city's January newsletter, the department called cameras an asset: "With greater responsibility comes greater accountability and transparency. Police legitimacy is vital to maintaining order and having the support of the community."

But it also outlined concerns, such as whether police should record victims of

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BLOG JAMMIN'

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domestic violence or sexual assault or anonymous tipsters; what's reasonable to be made available to the public; how it will be transmitted to courts, prosecutors and defense attorneys; how long digital information will be held; and how much technology infrastructure will be needed to upload and store massive amounts of video.

Those are questions that the department is trying to answer, Mills said, adding that the project is in the very early discussion stage. The city attorney will look into legal precedents that could answer many of those questions, he said.

Sgt. Joshua Siipola, former president of the Eureka Police Officers Association, said the association hasn't sat down to formally discuss body cameras, but he sees them as an inevitability.

"It is my opinion that police officers will eventually embrace wearing body-worn cameras," Siipola said. "The police industry has faced many changes over the years. ... It's pretty much expected of us in today's world to be videotaping and audio recording whenever possible."

To Siipola, it's not if officers will wear cameras, but when, and what will be done with the footage.

What if an officer leaves a camera on in the locker room or restroom, Siipola asked. "If the video has no evidentiary purposes, can the department ensure us that they're going to delete it?"

The association will also be interested in what punishments will be in place for officers who refuse to activate cameras, Siipola said.

In September, Tommy McClain was

shot to death by a Eureka police officer who thought McClain was reaching for a gun, according to a police department review of the shooting.

Referencing that and other incidents, City Manager Greg Sparks told KINS radio in December that body cameras could potentially save the city money from lawsuits associated with police actions.

"We currently have the in-car cameras," he said. "They're pretty good for a lot of things but you take our shooting from a couple months ago that was not caught from the in-car cameras, it picked up the audio but the camera angles weren't right for what happened."

Mills said a current EPD officer wrote a paper in college exploring the issue of body cameras, indicating it would help the department decide if and how it would implement the program, but Mills said he wouldn't release the report yet.

The U.S. Department of Justice laid out recommendations for implementing body-worn cameras for police officers in its own report, saying "A police department that deploys body-worn cameras is making a statement that it believes the actions of its officers are a matter of public record."

"Once an agency goes down the road of deploying body-worn cameras — and once the public comes to expect the availability of video records — it will become increasingly difficult to have second thoughts or to scale back a body-worn camera program."

— Grant Scott-Goforth

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COMMUNITY / MEDICAL / HEALTH

We Mostly Flunk

We're a (mostly) sad, bad, hackalung lot up here in Northern California. According to the American Lung Association, "Progress in the fight against tobacco use is at a standstill in California and in most cities and counties in the North Coast."

The association released its annual State of Tobacco Control report Jan. 21, which shows that statewide, aside from a few locations, there's been no movement toward advancing tobacco control policies.

"California's weakened position on tobacco prevention is due to the fact that the state has not increased its tobacco tax since 1999 and now ranks 33rd in the country at 87 cents per pack," says the association's news release.

In Humboldt County, the overall tobacco grades for seven cities and the unincorporated county have not budged since last year's report: Arcata, Blue Lake and Eureka get Cs, once again, while Ferndale, Fortuna, Rio Dell, Trinidad and the unincorporated county retain their shining Fs.

Specifically, there's good news and bad news. For their efforts to encourage smoke-free outdoor air, Arcata, Blue Lake and Eureka each get an A, just as in previous years (the gauntlet of storefront-clinging smokers down in Old Town notwithstanding); those other cities and the county get Fs (again). As for efforts to provide smoke-free housing, Arcata and Blue Lake keep their Ds, and Eureka gets downgraded from a B last year to a C this year; those other cities and the county get another round of Fs. And every locale flunks the part where they're supposed to be trying to reduce the sales of tobacco products.

Visit www.northcoastjournal.com for the full story.

— Heidi Walters

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Up Sproul Creek

By Grant Scott-Goforth

grant@northcoastjournal.com

SoHum residents got their first taste of a new enforcement regimen targeting the environmental impacts of marijuana grows last week.

It was hardly jackboots and black helicopters, according to State Water Board enforcer Cris Carrigan, who developed the pilot enforcement program with other state and local agencies (See "A Big Stick," Oct. 23, 2014).

Representatives from Fish and Wildlife, the California Water Board, the Humboldt County Sheriff's Office and a county code inspector obtained administrative warrants for 14 properties in the Sproul Creek watershed, and visited them over the course of three days.

Most property owners, Carrigan said, let the inspectors onto their properties with consent. Others were served with the warrant, which allowed inspectors to look for damage from grows. "Two people who were just hanging around watching us asked us to come look at their properties," Carrigan said. "I was just really pleased with the level of engagement and cooperation of cannabis growers with inspectors."

No arrests were made, and no plants were chopped down — the focus, Carrigan said, has to be on the water violations. Sheriff's deputies were there to ensure the civilian inspectors were safe, he said.

The Sproul Creek watershed was targeted first because it's home to five salmonid species, including Coho, and it dried up last year, Carrigan said. Inspectors found a variety of problems, but the most common issues were sediment discharge from unstable grading and stream diversions that were unpermitted and unsafe for fish.

"Their properties ranged from kind of a mess to a pretty big mess to almost in compliance," Carrigan said. "Some were in compliance by accident."

Carrigan said the agencies were encouraged by the openness of the cannabis cultivators in the first week of inspections.

"Many of them are longtime property owners. They want their properties to

conserve good value — they're reasonably good stewards of the land."

In 13 months, Arcata nearly paid off the cost of implementing the city's high electricity use tax.

Through November, 2014, PG&E collected just over \$500,000 for Arcata through the tax, which was voted into effect by residents a couple years ago and intended to reduce the number of residential marijuana grows.

Revenue from the tax fell short of projections, likely due to the "green flight" that occurred after the tax passed but before it went into effect. But enough residential meters are still sucking high amounts of energy that it appears the city will begin to profit from the tax soon.

Environmental Services Director Mark Andre says electricity use appears to be down in the residential sector citywide — most drastically among the meters affected by the tax.

"But other factors such as weather patterns play into energy use as well so a couple years of data to [analyze] would be better before we have confidence in the trends," Andre wrote in an email.

Two Eureka men pleaded guilty to growing marijuana and damaging public land in the Shasta-Trinity National Forest before a federal judge earlier this month.

Isidro Alcazar-Tapia, 25, and Arturo Alcazar-Tapia, 21, were arrested in Eureka last August with 33 pounds of marijuana and cash. Law enforcement linked the brothers to more than 20,000 plants in the Big French Creek and Hobo Gulch areas of the national forest, according to a press release, where they found "hundreds of holes dug in the dirt containing soluble fertilizer, bags of trash, empty fertilizer bags, propane tanks, and water lines diverting water from a stream."

The brothers each face a possible sentence of five to 40 years in prison and up to a \$5 million fine for conspiring to manufacture marijuana; as well as fines and prison time for additional charges. They are scheduled to be sentenced in April. ●

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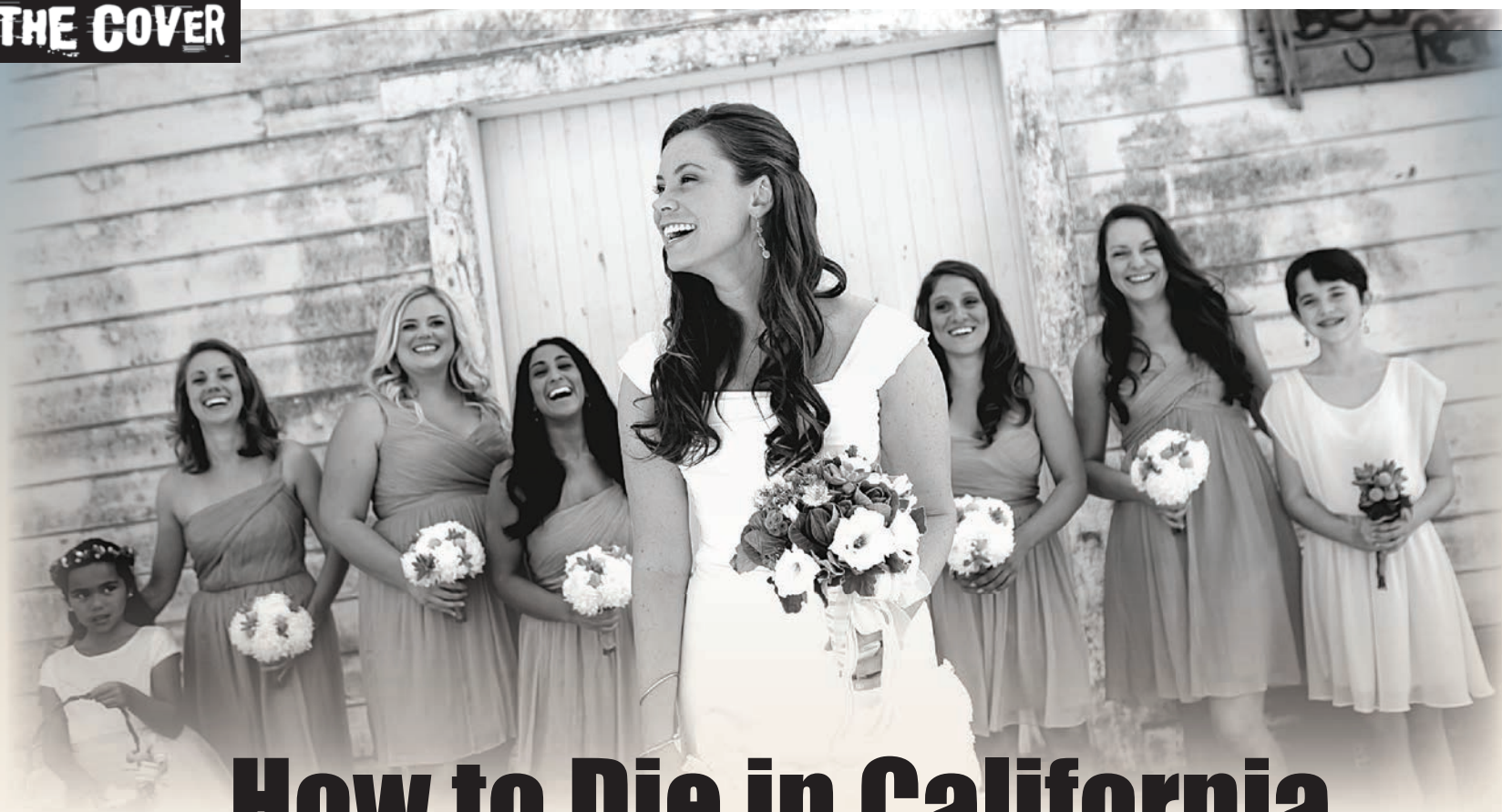
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How to Die in California

A high-profile death may help usher in a right-to-die option in the Golden State, furthering a local legislator's work

By Melinda Welsh

melindaw@newsreview.com

The call comes on your cell when you least expect it, while in line for coffee at Ramone's in Old Town. The doctor, a specialist from out of town, says, "The telephone isn't the ideal way to deliver test results, but ..." You urge him to proceed. So, he tells you about your brain cancer.

It has metastasized with a vengeance. His words are both shocking and anticipated. You know you are hearing your own death sentence.

You have fought valiantly for years to be rid of this disease. You've endured the onslaught of surgery, radiation, chemotherapy. Your loved ones rallied in support. You've done everything you can to continue living fully. Now, you find yourself at a new stage, with six months to live. You're aware that people who die with your disease may face distressing events before the end: seizures, loss of functions, dementia, anguish and undeniable pain.

What are your options in the above hypothetical?

In California, you could choose ever-more-aggressive interventions in the unlikely hope of a cure. You could greenlight a medical trial and perhaps extend your life, and aid science. You could choose palliative care and hospice, in the unassailable theory they may provide you a gentler exit. You could even exercise your right to refuse food and drink, a difficult path that leads to death in seven to 10 days.

Or you could move to Oregon.

There, you would have an extra option. You could choose to end your own life, at the time and in the place of your choosing, with legally prescribed, fast-acting barbiturates provided by a doctor.

As of right now, this final option is illegal in California. In fact, your loved ones could face criminal prosecution for aiding you in pursuit of it here.

But all this may be changing.

Just on Jan. 21, Davis-based state Sen. Lois Wolk announced legislation that would bring an "end-of-life choices" law to California. The law would be fundamentally like Oregon's 1997 Death with

Dignity Act — requiring an adult patient to have residency in the state and two doctors in agreement that he or she has less than six months to live and full mental competency. Other safeguards Wolk referred to as "crucial" — for both patients and physicians — will also be folded in.

"It's time," she said. "No one should have to go through horrific pain and prolonged suffering when the end is clear."

A longtime advocate for more compassionate end-of-life scenarios, Wolk authored a groundbreaking 2008 law that provides seriously ill patients with a new mechanism — Physicians Orders for Life Sustaining Treatment, or POLST — to ensure that their wishes are honored regarding end-of-life care. But Wolk, the state senate's new majority whip, will likely face a tough battle this time. The right-to-die subject has been exceedingly controversial when it's come up in California's past.

So why introduce it now?

Because of Brittany Maynard, the 29-year-old East Bay newlywed who,

diagnosed with late-stage brain cancer (glioblastoma multiforme) last spring, became the face of a movement when she chose to relocate with her husband to Oregon so as to end her life under that state's Death with Dignity Act.

"Doctors prescribed full brain radiation," she wrote in an essay for *CNN*. "The hair on my scalp would have been singed off. My scalp would be left covered with first-degree burns. ... My family and I reached a heartbreaking conclusion: There is no treatment that would save my life, and the recommended treatments would have destroyed the time I had left."

Young, attractive and articulate, Maynard's passionate defense of her right to leave life on her own terms went viral. Her YouTube video drew 13 million views. Her saga was written up in hundreds of newspapers and appeared on the cover of *People* magazine. Maynard partnered with the nation's premier "aid in dying" nonprofit, the Denver-based Compassion & Choices, and triggered an outpouring of new energy and funds to its cause.

Ultimately, the sympathy generated by Maynard's story pushed the Death with Dignity movement forward in ways the country is just starting to see play out.

A month after Maynard's November death, the already substantial public support for Death with Dignity took a significant bounce. A Harris Poll found that 74 percent of American adults now believe terminally ill patients in great pain should have the right to bring their lives to a close. Even "physician-assisted suicide" — a term controversial in right-to-die circles — now has a 72-percent favorable rating.

"I think [Brittany Maynard] deserves a lot of credit for being willing to be so public about her dying," said Wolk, who said the young woman's story was "very much" part of why she and co-author state Sen. Bill Monning chose to introduce legislation now instead of later.

"People were very moved by her story," said Wolk. "It struck a chord."

"To be forced to set up residency outside California to relieve yourself from suffering? That's not right."

'Things can really go wrong'

With her short brown hair, eloquent eyes and gracious smile, Jennifer Glass welcomed a rain-soaked reporter into her San Mateo home last month, ushered her to a seat in front of a cozy fire by the Christmas tree, and handed over a cup of steaming coffee. The warm environs seemed to alleviate the difficulty in speaking openly about the topic at hand: Glass' late-stage lung cancer and statistically probable decline, and death, from the disease.

A formidable communications professional during her working career — with stints at Oracle, Intuit, Sony and Facebook — Glass married the man of her dreams, Harlan Seymour, in August of 2012. They settled into family life. Four months later, while giving her a back rub, Seymour found a lump on her neck that felt "like

little peas in a row."

Glass was soon discovered to have Stage IIIB lung cancer (not smoking related) that had metastasized to the lymph nodes in her neck. At the time of her diagnosis, the American Cancer Society estimated the likelihood of her five-year survival rate at just 5 percent. The then 49-year-old underwent radiation and two aggressive rounds of chemotherapy, causing her to lose her thick brown hair. Her cancer is, thankfully, now in a period of "treated containment." She takes the oral chemotherapy drug Tarceva daily that allows "two to three good hours" per day, she says. The efficacy of Tarceva tends to be two-to four years before cancer mutates around it.

Glass, who developed a following for her YouTube video

"A Photo a Day: One Year with Cancer" and for blogging about her disease on *The Huffington Post*, has strong beliefs about how she wants to go when her time comes. "I believe I should have the legal choice to end my life calmly, peacefully and with dignity," she said.

Like Maynard, the tech-savvy Glass wants to bring the right-to-die debate to a generation that's become accustomed to making its own choices when it comes to certain issues. "It's like what we've seen with gay marriage," she said referring to the sea change in public opinion and policy on that issue in a short time span. "There's a greater desire for personal choice ... and quality of life. And that has to include end of life."

When first diagnosed, Glass contacted Compassion & Choices — which was responsible for creating and passing Oregon's Death with Dignity Act 17 years ago. She sought advice and counsel. A volunteer came to her home and explained advance-care directives, POLST forms, the role of hospice and what was and wasn't legal in California when it comes to the end of life. Glass, who had been an advocate on the right-to-die issue even before her diagnosis, was thankful to have that

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BRITTANY MAYNARD, SEEN HERE ON THE COVER OF PEOPLE MAGAZINE AFTER BEING DIAGNOSED WITH LATE-STAGE BRAIN CANCER, MOVED TO OREGON TO TAKE HER OWN LIFE LEGALLY.

LEFT MAYNARD ON HER WEDDING DAY IN SEPTEMBER 2012, BEFORE HER JANUARY 2014 DIAGNOSIS. PHOTO BY TARA ARROWOOD

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information going into the physical and emotional fight of her life.

After her marathon cancer treatment was completed, Glass contacted Compassion & Choices a second time and asked how she could help their effort to make aid in dying legal in California.

She is unapologetic when explaining why hospice and palliative care alone are not sufficient to calm her fears about the possibility of dying in pain or discomfort.

"There is some exceptionally fine hospice care," she said, "but it's a spectrum. Sometimes it's simply not possible to eliminate or manage a dying person's pain."

People like Glass don't much like the word suicide — as in "physician-assisted suicide" — imprinted over the right-to-die option. Suicidal people are sad or depressed and want to die, she said. "I'm doing everything I can to live! But I want control over my death if it's going to go in a really ugly way."

She and others suggest "aid in dying" or "death with dignity" as alternative word choices to "physician-assisted suicide."

Glass admitted to a kind of black market that exists in states where physician-assisted dying is illegal. "Since becoming part of the cancer community, I've known people who are doing whatever they think it's going to take to end their lives when they want to, including hoarding pills. That can be dangerous if it's not managed."

"It's the fear, the fear about how this is going to end."

In her own case, Glass is frightened by the possibility she may be forced to "drown in my own lung fluid in front of my family in my final days. ... My quality of life in whatever time I have left would be vastly improved if I knew [a legally prescribed lethal drug] was an option for me under the law."

"If my life is not tolerable, if I'm wracked with pain, if I can't control my functions, if my system is failing ... and I have no recourse? That's the worst thing I can think of. Because things can go really wrong."

If her disease runs its course, Glass says she knows what it would take to move to Oregon and, like Maynard, take the steps necessary to be approved for self-

administration of a lethal prescription.

"But I really hope it doesn't come to a decision where I have to leave my home," she said. "Particularly because if it comes to that, it's a decision I'm going to have to make when I'm already very sick."

'Determined to do it'

Toni Broaddus entered Café Bernardo near the Capitol on K Street, primed for her first in a long string of meetings scheduled that day with legislators, staffers and local officials. It was Nov. 19, 2014 — the date would have marked Brittany Maynard's 30th birthday.

"Brittany's story really galvanized the movement," said Broaddus, an attorney and social-justice advocate who now directs Compassion & Choices campaign in California. "Her story has really moved us forward in ways we never could have predicted or expected. We have seen a huge increase in supporters, in donors, in volunteers."

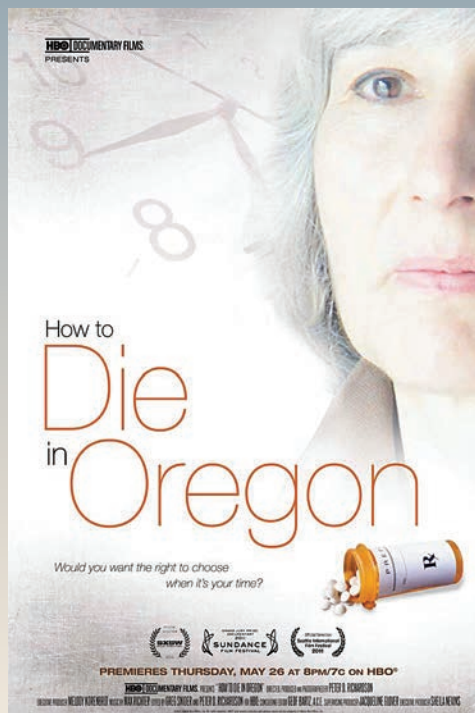
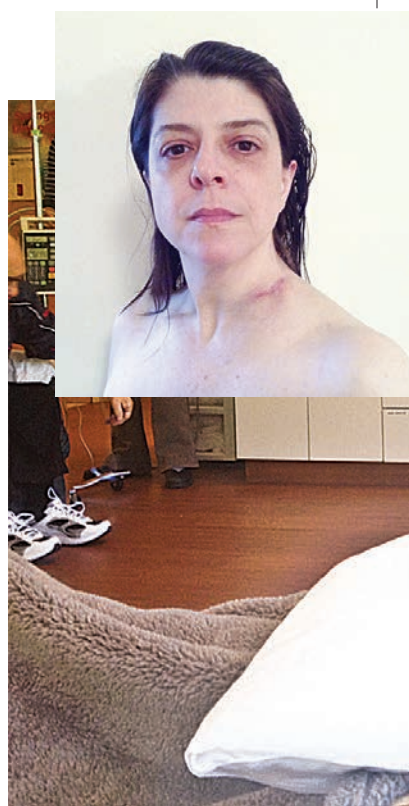
Broaddus, previously a leader in the state's marriage-equality movement, said Compassion & Choices has set a goal of having California join the five other states in the country — Oregon, Washington, Montana, Vermont and New Mexico — that have legalized aid in dying. The group plans to assist in the passage of California legislation or mount a grassroots effort to get the matter put before voters in 2016.

Such efforts have failed in the past, however.

JENNIFER GLASS, NOW IN "TREATED CONTAINMENT" FOR ADVANCED LUNG CANCER, BELIEVES SHE SHOULD HAVE THE LEGAL CHOICE TO "END MY LIFE CALMLY, PEACEFULLY AND WITH DIGNITY." SEEN HERE AFTER A SURGICAL BIOPSY (INSET), GLASS WILL ADVOCATE FOR LEGISLATION TO BRING A RIGHT-TO-DIE LAW TO CALIFORNIA.

AFTER HER DIAGNOSIS, GLASS RECEIVED INTRAVENOUS CHEMOTHERAPY FOR ADVANCED LUNG CANCER. "IF I'M WRACKED WITH PAIN, IF I CAN'T CONTROL MY FUNCTIONS, IF MY SYSTEM IS FAILING ... AND I HAVE NO RECOURSE? THAT'S THE WORST THING I CAN THINK OF."

PHOTOS COURTESY OF JENNIFER GLASS



THE AWARD-WINNING DOCUMENTARY *HOW TO DIE IN OREGON* EXPLORES THE STATE'S 1997 DEATH WITH DIGNITY ACT.

Attempts to legalize assisted dying in California have been beaten back many times over, thanks to fierce opposition from organizations like the Catholic Church, with its moral authority, and the California Medical Association, with its well-financed lobby. In 1992, the statewide ballot measure Proposition 161 went down with 46 percent of the vote.

The most recent legislative attempt, Assembly Bill 374 by former North Coast Assemblywoman Patty Berg, was taken off the table for lack of

support at the end of the 2007 session. Famously, the bill had preachers speaking out in opposition from the pulpits in California. Then-Assembly speaker Fabian Nunez actually described getting a call from his church-going mother at that time, urging him to reconsider his support for the bill.

The powerful California Medical Association is predicted to oppose again this time, though a spokesperson said the group hadn't yet taken a position on new legislation. The organization, which officially represents just 30 percent of the state's physicians, has claimed before that assisting in a death is in conflict with a doctor's ethical responsibility to "do no harm."

Also, the doctors' group holds that most pain at the end of life can be controlled through medication and comfort care in a hospice environment.

However, a recent poll of 17,000 American doctors by Medscape, for the first time, found physicians supporting death with dignity for those with "incurable and terminal" disease by a 54-percent majority.

Also expected to oppose Wolk's legislation are some in the disability-rights community, who say such a law could open up the potential for abuse by insurers or family members. Patients might be pushed to an early death for the convenience of others, they say. In response to the groundswell of media on Maynard's story, Disability Rights Education & Defense Fund senior policy analyst Marilyn Golden wrote: "For every case such as [hers] there are hundreds — or thousands



Shifting Perspective

State Sen. Lois Wolk's end-of-life choices bill has potential to dramatically change options for California's terminal patients, but it's only one piece of a shifting perspective on end-of-life care. Local doctor Michael Fratkin's ResolutionCare, the palliative care startup featured in the Nov. 6, 2014 *Journal* ("Sewing a Shroud"), is gaining steam.

National news stories helped him successfully crowdfund the project, and resulted in an outpouring of support, questions and job resumes from around the nation. Fratkin and his administrative coordinator, Leanne Lynch, are building the technical infrastructure, developing the clinic's tandem fiscal organization.

Fratkin says he hasn't lost focus on the local patients who need his direct care — he's seeing around 40 people from his previous practice at St. Joseph Hospital and says ResolutionCare's partnership with Hospice of Humboldt is "rock solid and evolving."

Fratkin says the clinic's early success is coming at a time when conversations about end-of-life care are changing. He's been developing his personal views about death with dignity, and is optimistic that Wolk's bill could stimulate a discussion among Californians that focuses on compassion and quality of care for the dying — though he wasn't ready to say he was for or against it.

"ResolutionCare's focus is on new and innovative ways to deliver better and more palliative care services to people in need wherever they are," Fratkin says. "We're not focused on an advocacy role. We are delighted that the conversation in our society about these issues is growing and energized, and my feeling about this legislation is that I'm pleased that we're talking about it."

— more people who could be significantly harmed if assisted suicide is legal."

Broadus disagrees, based on 17 years of data from California's neighbor to the north. "People talk about concerns about abuse for vulnerable populations," she

said. "But the reality is, that hasn't happened in Oregon."

For her, California's lack of a law simply doesn't make sense. "It's hard to understand given the support in the state and the state's usual leading role on this kind of social-justice issue."

For Wolk, the fate of the bill will depend, in part, on individual legislators own

personal experiences with death and dying.

"More and more people have had a personal, intense experience with dying — either a relative or a friend ... and they want it to be different, they know it should be different," she said.

The legislator pointed out that the Oregon law "is broadly accepted and not that heavily used,"

with about 60 percent of the people who obtain a prescription ever actually taking it.

"It's a comfort for people to know that if it got really bad, it's there," she said. "That seems to make people feel better. Just having it is enough."

'You're scared and stressed'

Barbara and Doug Wilson met in 1967 while residents in University of California Davis' first co-ed dorms. They fell in love, married, launched careers and raised two daughters, never once leaving the safe haven provided them by the city of Davis. How could the couple have known that security was fleeting, that they were not destined to accompany each other into their elder years?

In 2004, Doug, age 57, was diagnosed with Stage IV colon cancer. At first — thanks to two rounds of surgery and chemotherapy — his disease went into remission. But in 2007, the cancer returned. With Barbara constantly at his side, he spent the next five-plus years in and out of infusion rooms, clinics, radiation centers and hospitals undertaking every treatment and intervention doctors recommended to help save his life.

"He was amazing," said Barbara of her

continued on next page ►



STATE SENATOR LOIS WOLK
PHOTO COURTESY OF LOIS WOLK

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ON THE COVER

continued from previous page

husband. "He had the most positive attitude. He did not want to die."

But eventually, in the spring of 2013, the couple chose to enter hospice care, more than anything because it would get them access to equipment — like a battery-operated oxygen tank — that would help Wilson attend his daughter's April wedding in Santa Cruz. "Doug walked my daughter down the aisle," said Barbara, choking back tears. On morphine for pain, he gave his father-of-the-bride speech and, she said, "did the father-daughter dance."

By the following Friday, he was gone.

Barbara, now 66, looks back with disquiet and some unease on her husband's death process those last five days of his life. "The image of a wonderful, peaceful end of life with loved ones around ... well, that didn't seem to happen," she said.

Home hospice provided qualified people checking in once a day, she said, and availability in emergencies. But basically, she felt left to her own resources, in the company of her two daughters and son-in-law, without experience or knowledge in how to attend to a dying loved one.

"I think it'd be the same with any hospice," she said.

"You're scared and stressed because this is your loved one," she said. "You don't know what to do." She described her husband as on-again, off-again agitated — he was bleeding internally, with his liver shutting down. "We felt we were incapable of dealing with him properly," she said. She described frustration at her inability to help make him comfortable. She feared his pain and what would happen if she gave him too much or too little morphine.

Eventually, in a hospital bed in the living room with his family surrounding him, her husband took his last breath. But the day-by-day countdown to Wilson's end remains a fairly traumatic memory for his wife.

The Wilsons' story illuminates the



**PATTY BERG, FORMER
STATE ASSEMBLYWOMAN**
PHOTO BY GRANT SCOTT-GOFORTH

What's Different?

Former State Assemblywoman Patty Berg, of Eureka, is uncertain about the new end-of-life-choices bill's chances. Berg introduced similar bills in 2005, 2006 and 2007, and saw each of them fail, despite a Democratic majority and overwhelming public support from voting Democrats and Republicans, according to polls at the time.

"It's not a partisan issue," Berg says. She sees parallels between abortion rights and terminal patients' rights to die and, at least in California, she says, Democrats have to be pro-choice to be elected. "But when you use the analogy of choice, I say, 'How can a Democrat rectify being supportive of this right at the beginning of life

but not at the end?'"

Standing in the way, she said, is the same big opposition she faced trying to pass death-with-dignity bills: the California Medical Association and the Catholic Church.

Those entities remain powerful enough, Berg says, that she thinks only a ballot initiative will get death with dignity on the books in California.

The difference that could push it through the Legislature this year, Berg said, echoing some in this week's featured cover story, is Brittany Maynard.

Berg says she felt the same way watching Brittany Maynard's mom succumb to emotion at a press conference announcing the recent bill as she did with hundreds of others who spoke in support of similar bills years ago.

"Why do we have to put people through this emotional telling of their personal tragedies in order to move what should be a right forward?"

reality that the actual process of dying can take time and be upsetting, confusing and painful for both patients and caregivers, especially those who are facing death's tests for the first time.

Though Barbara believes her husband would not have chosen to take his own life at the end even if it had been legal, she now personally believes that people

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should have a right to that option.

"Until you walk in those shoes, you just don't know. ... When it's my time, I do not want to suffer," she said, "especially after watching Doug."

'Why is it so hard?'

Why is it so very difficult for modern society — with its medical aptitude, technological advantages and ability to fulfill desires — to succeed at delivering a "good death" when it's something most everybody wants?

In his recent bestseller *Being Mortal*, Atul Gawande takes a stab at an answer by laying out the limits of medicine and inadequacies of medical school in preparing physicians to help patients deal with the stark reality of death.

Doctors have been trained to find cures and "to win," he writes. This simple fact — along with an American health-care system that seems to encourage excessive treatment — continues to make a peaceful death an elusive goal for many people.

For example: Though most people want to pass away at home surrounded by loved ones, 70 percent die in a hospital, nursing home or long-term-care facility after a long struggle with advanced or incurable disease.

Marge Ginsburg, executive director of the Sacramento-based Center for Healthcare Decisions and noted advocate for better end-of-life outcomes, has spent the last two decades pushing for more compassion for patients as they near death.

"You'd think 20 years later we'd have gotten this solved," she said. "But no, we haven't."

Ginsburg, whose nonprofit organization won't be taking a position on the new Death with Dignity legislation, reminds that California's end-of-life problem is much larger in scope than the debate over one potential last-resort option. The importance of advance-care directives and the ongoing push for family members, physicians and patients to have candid conversations before crisis hits can not be overstated, she said.

"The ICU is not the time to start finding out what your family members want," she said.

Still, some see a shift occurring in the end-of-life landscape — perhaps because members of an aging baby-boomer population have begun to see their final acts in sight. Indeed, more

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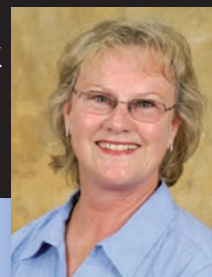
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ON THE COVER

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doctors are now being trained in palliative care, which focuses on pain relief over cures for terminally ill patients. Also, there's an increased use of advance-care directives and POLST forms as well as an uptick in the number of individuals dying in hospice care.

Meanwhile, over to the side, is the more controversial subject of a California law that would allow people who meet its dire criteria to self-administer lethal prescription drugs.

Could a shift be occurring there, too? Wolk believes the answer is yes.

"It's changing," she said.

"We have to learn. Doctors have to learn. At the end of life, there is a range

of things that can happen. We haven't wanted to think about that. We haven't wanted to talk about that. But it's time."

Those who followed Brittany Maynard's story this past year — with its tragedy, awareness and resolve — might tend to agree with Wolk that things have to change, that peace of mind for terminally ill patients shouldn't depend on whether or not they

"The image of a wonderful, peaceful end of life with loved ones around ... well, that didn't seem to happen."

— Barbara Wilson,
on her husband Doug's death
from colon cancer

live in Oregon.

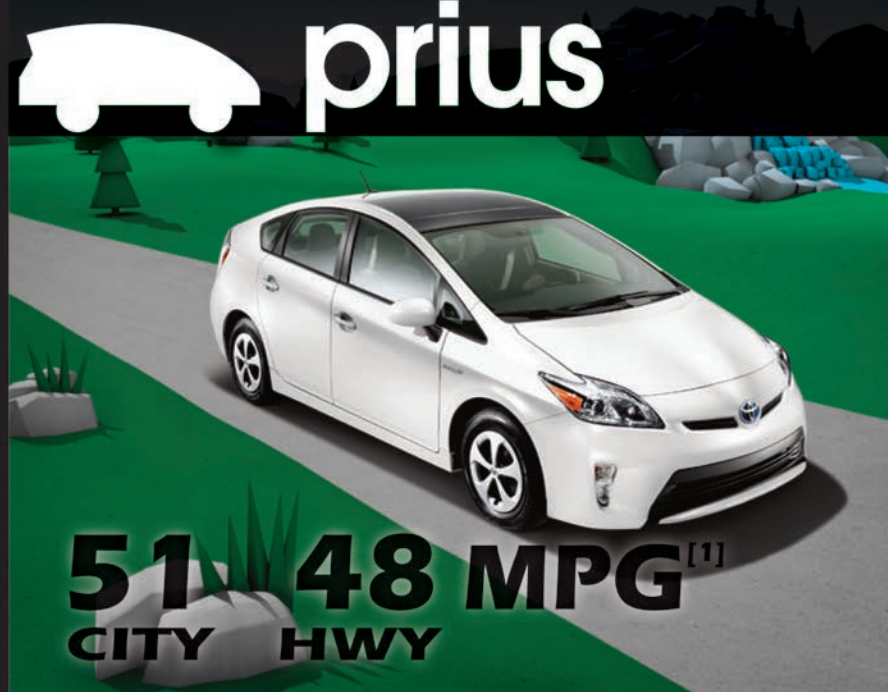
Like Maynard, Jennifer Glass seems utterly brave and self-aware as she moves forward and, despite her disease, attempts to live a full life regardless of the harsh lesson mortality threatens to teach her. A few weeks shy of a late December CT scan to check for recurrence of her lung cancer, she said, "I feel fine now. But any minute things could go a different way.

"My great hope is that, in the next 12 to 24 months, if my disease runs its course, then I will have the legal option to procure prescribed medicine and end my life, by my own choice, by my own hand, legally, in my own home."

And then, as if preparing for an upcoming debate, Glass posed a question to an imagined opponent of a California end-of-life choices law: "Nobody's saying you have to do this if you don't want to do it," she said, "But who are you to say that I can't?" ●

Melinda Welsh is a founding editor at the Sacramento News & Review.

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TABLE TALK

Fritter Nation

The battle of the batter

By Linda Stansberry

tabletalk@northcoastjournal.com

Deep-fried dough and fruit glazed with sugar sounds like a recipe impossible to flub. But Humboldt County has an abundance of goodies, and we can afford to be discerning. This was the philosophy, anyway, when my research partner-in-crime proposed finding our region's premiere pastry via a Fritter Bracket.

Loosely modeled after statistician Nate Silver's national Burrito Bracket, Fritter Nation would take us on a journey across the county, through warm kitchens and chilly drive-thrus, to our digestive limits and beyond. Antacids in the console, we bundled into the car at dawn and headed north to begin our quest.

Initially the plan was to pick a winning fritter for each town and take the leftovers to compare against rivals at the next stop. But we discovered a shocking fritter paucity in more far-flung regions of the county. Calls to sources in Trinidad, Orick and Garberville revealed there was nary a fritter to be had, unless you were making it yourself.

McKinleyville beckoned. We stormed into Ramone's, utterly perplexing the barista by storming out when she told us there were no fritters to be had. Again. (This was a scene that would repeat itself several towns over.) The lone source for fritters in McKinleyville, we learned, is Safeway (1503 City Center Road). We celebrated our inaugural bite with the development of a fritter scoring system: 5 points max for a crunchy exterior, 5 for interior texture and 10 points maximum for overall flavor. Safeway's fritter was a 2/3/6: a good middle-range score and winner of the McKinleyville bracket by default.

Had we decided to award bonus points



ABOVE FRITTERS ON THE DASH FOR SCIENCE.
LEFT A CORE SAMPLE OF THE WINNER.
PHOTO BY LINDA STANSBERRY

local favorite a solid 3/3/6.

Cherry Blossom Bakery fries its fritters like they have a vendetta against apple filling. Luckily, the burnt crunchiness melds nicely with the spices and chunks of fruit. A respectable 3/2/5.

Vellutini's attempt deserves a sad trombone sound effect, with a dismal 0/2/2. No crispiness, gummy rather than chewy and too much cinnamon. Were it a cinnamon bun, it would have rated higher, but a fritter 'twas not.

And (drumroll) Donut Mill brought down the house. Dense and cakey, full of flavor, the perfect blend of crackling crisp and chewy apple-laden goodness, this was the first fritter we actually took a second bite of. And, after a morning spent elevating our glucose levels to precarious heights, that is saying something. With a high score of 5/4/8 we were almost loath to continue our research.

But we slogged on, and after interrogating locals in Fortuna, Scotia and Rio Dell, found that the Eel River Valley had only one bracket entry, at the Ferndale Pie Company (543 Main St.). I'd like to say we gave it a fair shake, but to be honest, at that point we were unsure whether we'd ever again be able to stare another fritter in its pocked and greasy face. FPC does have some lovely breakfast burritos, which joined the dough and sugar in our stomachs to form a tectonic layer of simple carbohydrates and grease. After a couple of half-hearted bites, we scored the fritter a solid 3/3/6. Then we waddled our way back to the car and began the long journey home, ready to sleep off the sugar crash before pitching another article, maybe on Humboldt County's best chile relleno. ●

for atmosphere, Don's Donuts in Arcata (933 H St.) could have significantly nudged up its score. Unlike rowdy evenings when bargoers flood its small tables, in the morning it smells of rising dough while old men gossip over cups of weak coffee by steamy windows. The fritters? Pretty standard, with a more subdued but melded flavor than Safeway's, the taste of the dough interplaying with the cinnamon. Don's scored 3/3/6, edging out McKinleyville and becoming the Arcata winner by default after a drive around town revealed that everywhere else buys their fritters from Don's.

Crossing the Safety Corridor just as the morning rush hour began, we strategized our approach to Humboldt County's pastry capital. Eureka would be a challenge, we knew, both in scope and in consumer loyalty. Happy Donuts (2916 Central Ave.) was widely considered fritter champion, but drive-thru Donut Mill at the old Texaco station (1411 Fourth St.), was rumored to be throwing down some weighty competition. And then there were the dark horses: Vellutini Baking Co. (502 Henderson St.) and Cherry Blossom Bakery (2940 E St.).

In the end, it wasn't even close. Happy Donut would have scored high for customer service had it been a factor. "We only have the big ones," said the smiling owner as we smiled back in mock concern. She also offered the choice of a crispy or a soft one. The fritter rated the

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NORTHTOWN COFFEE 1603 G. St., Arcata 633-6187		Open Mic w/Jeremy Bursich 7pm Free			
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelson 8pm \$5
REDWOOD CURTAIN BREW 550 S. G St. #6, Arcata 826-7222	The Attics (Americana) 8pm Free Rudelson Sound (DJ) 10pm TBA		Blue Lotus Jazz (jazz) 8pm Free		Blue Lotus Jazz (jazz) 8pm Free
SIDELINES 822-0919 732 Ninth St., Arcata		DJ Music 10pm TBA	Sidelines Saturdays w/Rudelson 10pm TBA		[T] Good & Evil Twins Karaoke 8pm Free
SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville			Good & Evil Twins Karaoke 8pm Free		[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 8pm Free
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville		Buddy Reed & the Rip It Ups (dirty blues) 9pm Free	Bradford Loomis (Americana) 9pm Free	Trivia Night 8pm Free	[M] Anemones of the State (jazz) 5pm Free
SUSHI SPOT 839-1222 1552 City Center Road, McK.					[T] Adrian Legg (guitarist) 8pm \$15, \$13
THE SANCTUARY 822-0898 1301J St., Arcata					[W] Reggae Wednesdayz w/Rudelson 10pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata		Hip-hop DJs 9pm Free	DJ Music 10pm Free		

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◀ ARCATA + NORTH ON PREVIOUS PAGE

venue	thur 1/29	fri 1/30	sat 1/31	sun 2/1	m-t-w 2/2-4
BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free	DJ Music 9pm Free	Superbowl Open at 2pm Free	[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	The Roadmasters (classic country) 9pm Free	Austin Alley & The Rustlers (rockin' country) 9pm Free	Game Day Super Party 3pm Free	
BENBOW INN 923-2124 445 Lake Benbow Drive, Benbow				Superbowl Sunday 3:30 pm Free	
CALICO'S CAFE 808 Redwood Drive, Garberville 923-2253				Jen Tal and The HuZBand (acoustic, vocals) 6:30pm Free	
CECIL'S BISTRO 923-7007 773 Redwood Drive, Garberville	J.O.B. Band (trio) 7pm Free	Mayhem at Cecil's (comedy) 8pm Free			
CHAPALA CAFÉ 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
CURLEY'S FULL CIRCLE 786-9696 460 Main St., Ferndale					[W] Open Mic Night 7pm Free
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	River Valley Mud (rock, dance) 9pm Free	Raising Grain (bluegrass) 9pm Free	Soul Power (James Brown tribute) 9pm Free		[M] Brian Post & Friends (jazz) 9pm Free [T] The Over Stimulators (blues comedy) 8pm Free [W] Buddy Reed & Andy 6pm Free, Comedy Open Mikey 9:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6:30pm Free	Pappa Paul (folk) 6pm Free	Chuck Mayville (folk) 6pm Free	Superbowl Party 3pm Free	
LIL' RED LION 444-1344 1506 Fifth St., Eureka			Karaoke w/DJ Will 9pm Free		
MATEEL COMMUNITY CTR. 59 Rusk Lane, Redway 923-3368			Tribal Seeds w/HIRIE and Leilani Wolfgramm (reggae rock) 8pm \$25, \$20		

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OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600					[W] Open Mic w/Mike Anderson 6:30pm Free
PEARL LOUNGE 444-2017 507 Second St., Eureka	Pressure Anya DJs Dirty Thursdays 9pm Free	House MF, JSun, DJ Receiver w/Marjo Lak 10pm Free	Pressure Anya (DJs) 10pm Free	Superbowl at the Pearl Open at 2pm Free	[W] Pints, Pizza & Picture Show 5:30pm Free
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778		Phantom Wave presents: The Haunt 9pm Free			[T] Open Mic Night 7pm Free [W] Accident Lab (poetry)w/Billy Tuggle and Wil Gibson 7pm \$5
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244			Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGG (jazz) 7pm Free
SPRINGVILLE STEAK 725-3700 320 Main St., Fortuna		Anna Hamilton (blues, ballads) 6pm Free			

PHOTO COURTESY OF THE ARTIST



WHO: The Toasters

WHEN: Friday, Jan. 30
at 10 p.m.

WHERE: The Jambalaya

TICKETS: \$10

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MEET THE MACBETHS: SAM GREENSPAN AND JO KUZELKA AS THE AMBITIOUS COUPLE. COURTESY OF NCRT.

There's so much blood. Physically and thematically, Shakespeare's *Macbeth* is steeped in thick, sticky, red blood. Arguably, it's not the Bard's most disturbing play (*Titus Andronicus* takes the cake on that one because its cake is made of people), but it ranks among the top five. At its foundation, like so many of Shakespeare's tragedies, *Macbeth*, now playing at North Coast Repertory Theatre, is about a thirst for power. Director Calder Johnson's adaptation is original without being distractingly avant-garde and, with only a few exceptions, the cast masters the complicated language and themes.

Lord Macbeth is already riding pretty high in 11th century Scottish society. He's a wealthy general with a castle, a hot wife and the respect of his peers. He's content with everything he has until he encounters three witches who prophesize a powerful future for him: He will be made thane of Cawdor and eventually become Scotland's new king. He ignores the prediction at first, but when his wife catches wind of it and the first half of the proph-

ecy comes to fruition, he hops on the first train to Crazy Town and slaughters anyone who gets in his way (kings, friends, the children of friends). But, you know what they say: If you give Shakespeare a prophecy, he's going to want a glass of irony. Lord and Lady Macbeth's murderous spree ends in their own tragic deaths, to the delight of the three witches and the newly crowned King Malcolm.

Staging Shakespeare is a challenge, particularly a play as well known as this one. The plays are more than 400 years old, so generally the audience isn't there to be surprised. The director's choices and the actors' skills are the primary focus of the audience's attention.

Johnson keeps *Macbeth* in its original setting, as opposed to adapting it to a different era like so many directors. There's a primal, animalistic quality to the play that is lost when you transplant the story and characters; Johnson instead emphasizes these qualities with furred costumes and natural settings. He embraces the dirtiness of the century and lets it do the work for him. Smart move. Johnson also wisely uses

Bloody Good

Macbeth kills it at NCRT

By Dev Richards

frontrow@northcoastjournal.com

the confined and intimate space of NCRT's theater with creative staging choices.

Rather than have the three witches (Alissa Barthel, Megan Johnson and Greta Stockwell) enter and exit as the play progressed, he leaves them on the outskirts of the stage. Crouched and hunched, the witches watch the action from the edge of the wings, reveling in their own handiwork. Their presence adds a refreshing break to the fourth wall without being distracting or gimmicky. Johnson uses them like a Greek chorus and a rhythm section. Two of the three witches are armed with instruments, a drum and a didgeridoo. Generally, my stance on didgeridoos is didgeri-don't, but this case wins approval. In moments of rising tension or during scenes of armed combat, the instruments literally set the rhythm. It's not only crafty, but it's also a clever way to make sure the actors maintain the proper pacing. Again, smart move.

Iambic pentameter is a beast. There's nothing natural about speaking it, and it certainly doesn't land on the ears in a recognizable way. It falls on the actor to both interpret what they are saying and convey that interpretation to the audience. Beyond this, the actor has to maintain a sense of verisimilitude that is inherently alien to the text itself. Any production can get away with one or two cast members who haven't completely mastered the task, but it's absolutely vital that the leads have a fluent relationship with the language. If you're not dreaming in pentameter by the time the curtain

raises, then it doesn't bode well for the production as a whole.

The leads in this production, Sam Greenspan as Macbeth and Jo Kuzelka as Lady Macbeth, bring the perfect intensity, nailing the necessary cadence and inflection. Their performances, though, should not be reduced to their skill with the language. The actors have a chemistry that is perfectly disturbing and enticing. They love each other completely and passionately, but Lady Macbeth loves power more. Greenspan and Kuzelka capture that morbid Morticia-and-Gomez romance without it becoming melodramatic or comic. Neither character slowly ascends into madness; they throw themselves at insanity and hope they stick. As actors, Greenspan and Kuzelka go from zero to 60 in one second and then stop on a dime. Both are up to the challenge.

Shakespeare doesn't do drama — he does blood-drenched tragedy. His plays are not productions for the half-hearted, nor are they a matter of “go big or go home.” They require an oxymoronic, strong-handed finesse that not all theatrical companies possess. Congrats to Johnson, NCRT and the cast for mounting a Shakespearean production of this quality.

Opening

Six Dance Lessons in Six Weeks. It takes two to tango, foxtrot and waltz in this play about a dance teacher and private student who butt heads before finding a rhythm. At Ferndale Repertory Theatre Jan. 29 through Feb. 15. 786-5483. ●

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WHO: The Devil Makes Three

WHERE: HSU's West Gym

WHEN: Wednesday, Feb. 4 at 8 p.m.

TICKETS: \$30, \$25 HSU students

Lessons from The Devil Makes Three

'Life will fuck you up anyway'

By Jennifer Savage

thesetlist@northcoastjournal.com

When **The Devil Makes Three** first played in Humboldt County a decade ago, not many bands were doing what it did. We had our string bands, sure, both bluegrass and old-timey, and we had a bit of a punk scene, but the line between, say, the Humboldt Folklife Society and The Placebo was distinct. The night **The Devil Makes Three** took the stage at what was then Muddy Waters (currently Northtown Coffee), the band not only erased that line, but blew it to bits. DM3's raw energy, biting humor and willingness to bleed and sweat brought an edge to a scene that theretofore lacked surprise. The band's eponymous first album was a collection of ripping ragtime anthems and, several albums later, DM3 continues to evolve the mountain-music-meets-garage-rock sound it does so well.

The band's latest effort, *I'm a Stranger Here*, was recorded at Dan Auerbach's (Black Keys) Easy Eye Sound Studio in Nashville. Reviews refer to the newest album as "darker" than DM3's earlier ones, but anyone who's been paying attention to the lyrics knows the narratives always leaned toward life's grimmer stories. *I'm a Stranger Here* has a few more slowed down efforts — "heartbreak songs," as the band refers to them, along with the speedier road songs and barnburners. DM3 upright bassist **Lucia Turino**, guitarist **Cooper McBean** and guitarist/singer **Pete Bernhard** arrive in Humboldt once again — they've played at least a dozen shows here over the years since that first coffee-

house gig — on Wednesday, Feb. 4.

When Bernhard took a moment to chat with me last week from the road, we discussed how the world of a touring band has shifted, the importance of the DIY influence, and the truth and lies about what success requires.

On social media

When DM3 first hit the road 12 years ago, the band had no cell phones and Facebook had yet to become the defining connector of our lives. "Social media has changed everything," Bernhard noted, "mostly in a positive way." The downside, of course, is the oft-repeated assessment that people don't buy music anymore — they download it for free or use a streaming service like Spotify.

But, Bernhard pointed out, DM3 has a good relationship with the audience and fans are still likely to support the band by purchasing CDs. So the opportunities to spread the word about shows and music have made touring successfully much more possible. "That said," Bernhard said, "it doesn't mean [being in a band] is easy."

Not a part-time gig

Based on DM3's hard-earned knowledge about the challenges of making music a life path, what advice would Bernhard give to bands just starting out?

"The main thing is, if you have talent," he said, "is to not give up. It's a hard lifestyle and some people can't take it. You have to give it everything. You can't have a family, can't be as connected to your friends. You have to give your whole life to it."

People tell him how fun being on stage looks — and he agrees that part is

fun — but that's not how he spends the majority of his time.

Do it all yourself

You have to go through a lot to get there, which leads to Bernhard's next point: "It's really important to understand business." You have to be able to handle all the details and promote your own shows. "You have to learn to do a lot of different things."

The point is, folks aren't going to take care of you. "Don't wait for other people to come along and give you money," he said. "If you do, it's going to be a long wait." The D.C. punk scene helped form DM3's DIY ethic. "Seeing the way Fugazi did it was really inspirational," Bernhard said. "They did it, we can do it — I still think of them so much."

Some truth, some lie

With reference's to *I'm a Stranger Here* being "darker" than previous albums, how does success and suffering influence an artist's work — specifically that perceived link between anguish and creativity?

"The whole thing has some truth and some lie," Bernhard said. "Some people think that if you do a lot of drugs and have no money, you're going to be a great artist. ... They're getting it backward and that's a sad lie for a lot of young people. Sometimes you get an artist who has a drug problem and that's too bad. You hope they get over it."

A need exists to have something going on of interest in your life, he continued, otherwise you have nothing to write about — but, "Anyone who knows an addict, knows being one is really boring." Ultimately, he finished, "Life will fuck you up

anyway; you don't have to do it yourself. Turn it into a great song, make things that don't seem survivable survivable."

The Devil Makes Three plays Wednesday, Feb. 4 at 8 p.m. in HSU's West Gym. Tickets are \$30 general, \$25 HSU students, all ages. Austin's soulful, swinging and slightly twangy **Joe Pub** opens.

Other shows of note

Ska veterans **The Toasters** play Friday at the Jambalaya. Cover is \$10, doors at 9 p.m., music at 10 p.m., 21-and-over... **Soul Night** returns to Hum Brews on Saturday with a special appearance by **DJ Mantease**. Tickets are \$5, doors at 9 p.m., 21-and-over... Songwriter Circle of Death XII gathers at the Alibi Saturday night with **TheBoredAgain**, **Nola Victrola**, **Uncle C** and **Keil la Chinga**. Music at 11 p.m., cover is \$2, 21-and-over... The **Arcata Playhouse** has teamed up with **The Sanctuary** to bring you fingerstyle guitarist **Adrian Legg**, Tuesday at 8 p.m. at The Sanctuary (13th and J streets, Arcata). Tickets are \$15 general, \$13 members, all ages... Finally, on Wednesday, Feb. 4, the Arcata Theatre Lounge hosts the first stop of **Infected Mushroom's** Animatronic Tour with a brand new stage by Humboldt's own **Duane Flatmo**. Doors at 9:30 p.m., show is free and 21-and-over.

Etc.

Full event listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

The friendly city gets crabby when the **Fortuna Sunrise Rotary Club** holds its annual **Crab Fest** on **Saturday, Jan. 31** from **5 p.m. to 8 p.m.** at the **Veterans Memorial Building** (\$40, \$20, free for kids and under). Stuff yourself with crab, salad, pasta and bread, and groove to the **Delta Nationals**. If you don't want to stay for the festivities, you can order take out. From a drive-thru.



From the lighthouse to Little River to the ocean white with foam ... **the Trinidad to Clam Beach Run** on **Saturday, Jan. 31 at 10 a.m.** is a Humboldt County tradition and one of the most beautiful races in the nation. But it's not just a race, it's a party. This family-friendly event features food trucks, local beer and wine tasting, live music and an award ceremony.

Head over to **Blue Lake Casino's Sapphire Palace** for the **Inked Hearts Tattoo Expo**, a four-day, body-as-art-festival kicking off **Thursday, Feb. 5** from **11 a.m. to 10 p.m.** and wrapping up **Sunday, Feb. 8 at 6 p.m.** (\$10 per day, \$30 for four days). This colorful convention showcases the very best in tattoo artistry and features contests, live shows, vendors and more. Go on. Get tattooed. Mom won't mind.



CalEureka

8 DAYS A WEEK

29 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. \$5. 442-0309.

BOOKS

HSU Authors. 4-5:30 p.m. Humboldt State University Library, One Harpst Street, Arcata. A celebration in the Helen Everett Reading Room and dedication of the HSU Authors Hall permanent collection. Free. library.humboldt.edu/about/HSUauthors.html. 707-826-3431.

Pat McCutcheon. 7-8:30 p.m. Trinidad Library, 380 Janis Court. The poet reads and signs her new chapbook *Slipped Past Words*. Free.

LECTURE

Catholics for Choice Speaker. 5:30-8 p.m. Kate Buchanan Room, Humboldt State University, Arcata. A screening of *The Secret History of Sex, Choice and Catholics* followed by discussion with Jon O'Brien, president of Catholics for Choice. Free.

THEATER

6 Dance Lessons In 6 Weeks. 8-10:30 p.m. Ferndale Repertory Theater, 447 Main St. A comedy about a formidable retired woman who hires an acerbic dance instructor for private lessons in swing, tango, waltz and foxtrot. \$16, \$5. info@ferndale-rep.org. www.ferndalerep.org/season.html. 707-786-5483.

The Caucasian Chalk Circle. 8 p.m. Gist Hall Theatre, Humboldt State University, Arcata. A musical play about power, corruption and justice performed by the juniors and seniors of Northcoast Preparatory and Performing Arts Academy. \$15, \$12.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon Discovery Museum,

1000 B Street, Eureka. This is a preschool drop-off program for children 3-5 who are confidently potty trained. Each week features a theme, story time and arts and crafts projects. \$4. info@discovery-museum.org. www.discovery-museum.org. 707-443-9694.

ETC

Heads Up This Week. Volunteer opportunities, contests and more.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 707-442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. nugamesonline.com. 707-497-6358.

30 friday

BOOKS

Book Sale. 10 a.m.-6:30 p.m. Eureka Main Library, 1313 Third St. Fiction, non-fiction, children's books, records, audiobooks and more material on the cheap to benefit the library. Entry fee buys membership to Friends of the Redwood Library. \$5, free to members. eurekaflr.org. 443-0028.

LECTURE

Choices Breakfast. 7:45-9:30 a.m. Baywood Golf & Country Club, 3600 Buttermilk Lane, Arcata. Jon O'Brien, president of Catholics for Choice, speaks on the 42nd anniversary of Roe v. Wade. \$30. www.baywoodgcc.com. 502-3008.

MOVIES

International Fly Fishing Film Festival. 7-10 p.m. Arcata

Theatre Lounge, 1036 G St. Shorts and feature-length films from all corners of the globe showcase fly-fishing. \$20. tdiaz@caltrout.org. www.flyfilmfest.com. 415-392-8887 x103.

MUSIC

San Francisco Opera Center Singers. 7:30 p.m. Calvary Lutheran Church, 716 South Ave., Eureka. Enjoy world-class opera in Eureka and an artists' reception following the concert. Presented by the Eureka Chamber Music Series. \$30, \$12, \$5. eurekachambermusic.org. 445-9650.

SPOKEN WORD

Woodrat Flat Reading. 7-8 p.m. Northtown Books, 957 H St., Arcata. Jerry Martien and friends celebrate the Beat poet Albert Saijo's journal of marijuana farming, natural history, Zen sermons, political rants and rhapsodies from his residence in the Mattole Valley in the 1980s. Free. info@northtownbooks.com. 707-822-2834.

THEATER

6 Dance Lessons In 6 Weeks. 8-10:30 p.m. Ferndale Repertory Theater, 447 Main St. See Jan. 29 listing.

The Caucasian Chalk Circle. 8 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Jan. 29 listing.

Macbeth. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Shakespeare's tragedy of ambition, murder and madness. \$16, \$12.

EVENTS

Quarter Craze. 6-9 p.m. Celebration Boulevard, 107 5th Street, Eureka. A night of raffles, live and silent auctions, homemade pizza, salad, beer and wine to benefit Coastal Grove Charter School. \$6, \$5 advance. carole@celebration-blvd.com.

FOR KIDS

Baby Read and Grow. Every other Friday, 11-11:45 a.m. Eureka Main Library, 1313 Third St. Families are invited to share songs, fingerplays and short stories. Free. 269-1910.

FOOD

Spaghetti Feed. 5:30-7:15 p.m. Trinidad School, 300

Trinity. Homemade red sauce with vegetarian options, sides, desserts and a Dutch auction. Proceeds benefit class trips. \$3-\$7. rleuck@nohum.k12.ca.us. 707-677-3631.

SPORTS

Drop-in Basketball. 7 p.m. McKinleyville Recreation Department, 1656 Sutter Road. Adults are welcome to join in for pick-up basketball. \$3. mckinleyvillecsd.com/parks-recreation.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

COMEDY

Cecil's New Orleans Bistro (707) 923-7007, 773 Redwood Dr., Garberville. **Mayhem at Cecil's.** 8 p.m. Free. Bay Area miscreants Brandon Stokes, Luke Lockfeld and Charles Hoffa Kelly. 707-502-9656

31 saturday

BOOKS

Book Sale. 10 a.m.-3 p.m. Eureka Main Library, 1313 Third St. Pick up new reading material on the cheap. Sale includes fiction, non-fiction, children's books, records, audiobooks and more. Free admission. eurekaflr.org. 443-0028.

MUSIC

Tribal Seeds. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Reggae rock with special guests HIRIE and Leilani Wolfram. \$25, \$20 advance. www.mateel.org.

THEATER

6 Dance Lessons In 6 Weeks. 8-10:30 p.m. Ferndale Repertory Theater, 447 Main St. See Jan. 29 listing.

The Caucasian Chalk Circle. 1 & 8 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Jan. 29 listing.

Macbeth. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Jan. 30 listing.

EVENTS

Dance & Delectables. 6 p.m. Moose Lodge, 4328 Camp-ton Road, Eureka. An evening of dinner and dancing benefiting the Eureka High School music program. Music by Eureka High School Jazz Ensemble. \$20, \$15 advance.

Eel River Fish Tales. 5-8 p.m. Fortuna Monday Club, 610 Main St. Enjoy fish tacos, presentations and videos at the Party for the Fish. Share your Eel River fish tales and enter to win prizes. Free, donations for food accepted. phiggins@humboldt1.com. eelriverrecovery.org. 707-223-7200.

North Coast Mensa Forum. 12-1:30 p.m. Samoa Cook-house, Samoa Road, Arcata. Ryan Hurley tackles twin topics: "The Joys of Scarcity in a World of Abundance" and "Can Rogue Journalism Resuscitate Liberty?" The no-host lunch and talk are open to the public. Free. jakable5@gmail.com. 707-445-2276.

FOR KIDS

Bilingual Story Time. Last Saturday of every month, 1-1:30 p.m. Eureka Main Library, 1313 Third St. Enjoy stories in Spanish and English as Giancarlo Campagna and Renée Saucedo bring stories to life with music, puppets and laughter. Free.

FOOD

Fortuna Rotary Crab Fest. 5-8 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Enjoy local crab, salad, pasta and bread while you groove to The Delta Nationals. Event includes no-host bar and silent auction. \$40, \$20, kids 5 and under free. 725-1394.

Pancake Breakfast. 8-11 a.m. D Street Neighborhood

Center, 1301 D Street, Arcata. The event honors Jackie Foote and raises funds for the College and Career Center. \$8, \$5. jritter@nohum.k12.ca.us. ahs-nhuhsd-ca.schoolloop.com/. 707-498-2917.

Winter Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Farm fresh produce, rain or shine. On G and Eighth streets. Free. outreach@humfarm.org. www.humfarm.org. 707-441-9999.

GARDEN

Fruit Tree and Scion Exchange. 11 a.m.-2 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Check out grafting demonstrations and varieties of rootstock, and share perennial fruit-producing plants. Free. humcoscion@gmail.com. humboldtpermaculture.wordpress.com. 707-672-3102.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Elliott Dabill. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Tour leader Gary Bloomfield. Free. www.rras.org/calendar.

Eel River Salmon and Steelhead. 12-2 p.m. Humboldt Redwoods State Park Visitor's Center, 17119 Avenue of the Giants, Weott. Fish biologist Patrick Higgins presents the results of the 2014-2015 Fall Chinook Salmon Monitoring project, fish videos and a fly-fishing demonstration. Free. www.humboldtredwoods.org.

SPORTS

Clam Beach Run. 10 a.m. Clam Beach North Parking lot, Frontage Road, McKinleyville. Run your badunkadunk off between Clam Beach and Moonstone Beach. www.trinidadtoclambeach.com.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Jan. 30 listing.

ETC

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 707-269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugesonline@gmail.com. nugesonline.com. 707-497-6358.

COMEDY

Arcata Playhouse 707-822-1575, 1251 Ninth St.. **Make Me Laugh! - Vice and Virtue Edition.** 8 p.m. \$10. Humboldt's live stand-up comedy game show. 707-502-9656

1 sunday

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 707-442-0156.

THEATER

6 Dance Lessons In 6 Weeks. 2-4:30 p.m. Ferndale Repertory Theater, 447 Main St. See Jan. 29 listing.

Macbeth. 2 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Jan. 30 listing.

EVENTS

Humboldt Flea Market. First Sunday of every month, 8 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Peruse the tables and go home with treasures. \$2 from 8 a.m. to 9 a.m., \$1 after 9 a.m., kids under 12 free. www.redwoodacres.com. 822-5292.

FOR KIDS

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugesonline@gmail.com. nugesonline.com. 707-497-6358.

FOOD

Fieldbrook Grange Breakfast. 8 a.m.-noon. Fieldbrook Grange, Fieldbrook Rd. Pancakes, a bake sale and raffle. \$5, \$3, Free for kids under 6.

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic. Free. 503-828-7421.

Freshwater Grange Breakfast. First Sunday of every month, 8-11 a.m. Freshwater Grange, 49 Grange Road, Eureka. Hot cakes, eggs, ham, sausage, and strong French roast coffee. \$5, \$3 for kids. 442-7107.

MEETINGS

Animism International. First Sunday of every month, 4 p.m. North Coast Co-op, Eureka, 25 Fourth St. A read-

continued on next page ►



FRIDAYS, JAN 9, 16, 23 & 30 9 PM



Home Theater Giveaway

**EACH WEEK ONE LUCKY WINNER WILL
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Check out the new promotions we have for our 50 or better players.

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Play \$10 Get \$10 from 9 am to 5:30 pm.

TUESDAYS

3X Points from 9 am to 5:30 pm. Also, enjoy our \$1.99 breakfast special in the Sunrise Deli.

WEDNESDAYS

Hot Seat Drawings for \$25 in Casino Cash every half hour from 9 am to 5:30 pm.

THURSDAYS

Earn 500 points between 8 am and 7:30 pm to receive a drawing ticket into our \$500 Cash Sizzlin' 50's Drawing at 8 pm.

Complete details at the Crown Club. One play \$10 get \$10 per individual, per day. Players must have earned 10 points on the day of the promotion to qualify for hot seats. Limit one hot seat prize per individual, per promotional day. Player may receive a drawing ticket for each 500 points earned during the promotional time. Prize envelopes available while supplies last.

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ing and discussion group. Free. animisminternational@gmail.com. AnimismInternational.org. (530) 324-2896.

OUTDOORS

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City. Ensure that a lush island of the most diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

SPORTS

Superbowl. 3:30 p.m. Arcata Theatre Lounge, 1036 G St. Patriots vs. Seahawks. Doors open at 2:30 p.m. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. www.nugamesonline.com. 497-6358.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. 677-9242

2 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music featuring tunes from the 1930s, '40s and '50s. Refreshments are served during break. \$4. 707-725-5323.

MUSIC

Humboldt Folklife Society Sing-along. First Monday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Come sing your favorite folk, rock and pop songs of the '60s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com. 839-7063.

Woodwinds Studio Recital. 8 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Free.

MEETINGS

Bayside Grange Monthly Meeting. First Monday of every month, 7 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Lively conversation, noshing and discussions about the restoration and program diversity of the Bayside Grange. Free. hallmanager@baysidegrange.org. www.baysidegrange.org. 822-9998.

Volunteer Orientation. 2:30 p.m. Food for People, 307

W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

ETC

Cribbage Lessons. First Monday of every month, 5:30-7 p.m. Moose Lodge, 4328 Campton Road, Eureka. Brush up on your cribbage skills or learn how to play. Free.

Monday Night Magic Draft. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. New and seasoned players welcome. \$15. nugamesonline@gmail.com. nugamesonline.com. 707-497-6358.

3 tuesday

MUSIC

Adrian Legg. 8 p.m. The Sanctuary, 1301 J St., Arcata. The Arcata Playhouse and the Sanctuary performance space present world-class UK fingerstyle guitarist, Adrian Legg. \$15, \$13 Playhouse members.

Melissa Aldana and Crash Trio. 8 p.m. Arcata Playhouse, 1251 Ninth St. Chilean-born tenor saxophonist and winner of win the Thelonious Monk Competition, Melissa Aldana plays with Pablo Menares on bass and Francisco Mela on drums. \$15, \$10 students and seniors. rja@redwoodjazzalliance.org. 707-633-8385.

Ukulele Play and Sing Group. First Tuesday of every month, 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All genres of music, from "Greensleeves" to "Hound Dog." If you can carry a tune and play a stringed instrument, come party with us. We have extra songbooks. Donations appreciated. veganlady21@yahoo.com.

SPOKEN WORD

Human Expression Night. 7 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Courtne Burns hosts this night of poetry and creativity. Free. www.blondiesfoodanddrink.com.

FOR KIDS

Nature Adventure & Quest. 3:45-4:45 p.m. Trinidad Library, 380 Janis Court. Explore family-friendly activities related to local natural and cultural history treasures. Choose your own adventure from the Trinidad Head Quest to the California Coast National Monument Junior Explorer Book. Free. caninebliss@yahoo.com. 707-825-2313.

Play Group. 10-11:30 a.m. Discovery Museum, 1000 B Street, Eureka. This playgroup is sponsored by First 5

Humboldt and offers a parent and child program for newborns to age 5. Free. info@discovery-museum.org. www.discovery-museum.org. 707-443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 1 listing.

ETC

Board Game Night. 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Street, Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. 444-3161

4 wednesday

MUSIC

The Devil Makes Three. 9 p.m. West Gym, Humboldt State University, Arcata. Critically acclaimed acoustic trio brings ragtime, country, folk and rockabilly to HSU. \$30, \$25 HSU. carts@humboldt.edu. www.humboldt.edu. 707-826-3928.

EVENTS

Infected Mushroom Animatronic Tour Kick Off. 9:30 p.m. Arcata Theatre Lounge, 1036 G St. A self-standing mechanical Steampunk-themed mushroom and EDM. 21 and up. Free w/online registration required at http://worldfamous.inticketing.com/events/475572. www.arcatatheatre.com.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

OUTDOORS

Guided Nature Walk. First Wednesday of every month, 9 a.m. Richard J. Guadagno Visitor Center, Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. This 2-mile walk is a great way to familiarize yourself with local flora and fauna. Binoculars are available at the visitor's center. Free. www.fws.gov/refuge/humboldt_bay. 733-5406.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. nugamesonline@gmail.com. nugamesonline.com. 707-497-6358.

COMEDY

Palm Lounge, Eureka Inn 707-497-6093, 518 Seventh St.. **Comedy Open Mikey.** 9 p.m. Free. Hosted by Nando Molina with beats by Gabe Pressure.

5 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Jan. 29 listing.

Island Hopping Photo Tour. 7-8 p.m. Fortuna Library, 753 14th St. George Johnson and Nan Nieboer share



Arias in the Area

Schlepping to San Francisco for your opera fix isn't always practical, but missing out entirely would be courtesan-with-tuberculosis tragic. Take in an intimate evening with up-and-coming stars when the **San Francisco Opera Center Singers** fill the **Calvary Lutheran Church** with sweet, sweet music on **Friday, Jan. 30 at 7:30 p.m.** (\$30, \$12 and \$5). Whether you're a life-long aficionado or if Bugs Bunny cartoons are the extent of your operatic knowledge, this is the perfect opportunity to deepen your appreciation.

Six singers and a pianist from the prestigious Adler Fellowship's two-year training program are making the annual trip to Humboldt for a one- to two-hour program of singing followed by a casual meet-and-greet reception as part of the **Eureka Chamber Music Series**. Some 900 hopefuls apply to the San Francisco Opera Center's summer program each year, and fewer than 30 singers and 5 pianists are accepted. It's this pool from which the Adler group draws, so expect the cream of the crop, Doc.

—Jennifer Fumiko Cahill

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their travels to Rapa Nui and the Galapagos Islands. Free. ccooper@co.humboldt.ca.us. <https://www.facebook.com/events/1382271272080081/>. 707-725-3460.

Wearable Art. 5-7 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Opening reception for an exhibit of contemporary jewelry and metal work from local artists and instructors, Tova Lund and Justin Klocke. CR Art Gallery, Creative Arts Complex.

BOOKS

Search for Truth: The Seeker Begins. 7-8:30 p.m. Trinidad Library, 380 Janis Court. Bryan Radzin reads from his first novel. Free.

MUSIC

Keller Williams and The Motet. 8 p.m. Arcata Theatre Lounge, 1036 G St. Funky dance music. \$30, \$25 advance. www.arcatatheatre.com.

THEATER

Commedia Dell'arte. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Student projects that "celebrate the lively comic form known for its bold physical play, masks, topical humor and virtuosic improvised performance." www.dellarte.com.

Los Pajaros. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Michael Fields directs this play based on Aristophanes' comedy *The Birds* and featuring a live band playing salsa, blues, gospel and rock. \$10, \$8, limited free seating for HSU students.

EVENTS

Inked Hearts Tattoo Expo. 11 a.m.-10 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Featuring tattoos, contests, live shows and vendors. \$10/day, \$30/ four days. www.bluelakecasino.com.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 1000 B Street, Eureka. See Jan. 29 listing.

MEETINGS

Beekeepers Prepare For Spring. 6:30 p.m. Humboldt County Agriculture Department, 5630 South Broadway, Eureka. Brad Woodward of Woodlyn Brand Beehive Supplies discusses "Preparing for the Spring Rush." \$2. humboldtbeekeepers.org. 845-3362.

Human Rights Commission. First Thursday of every month, 5 p.m. County Courthouse, 825 Fifth St., Eureka. This month's agenda includes the use of public property and prison conditions. Free. 668-4095.

ETC

Heads Up This Week. See Jan. 29 listing.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Jan. 29 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Jan. 29 listing.

Heads Up...

Applications are available for the Humboldt Association of Realtors annual scholarships. Call 442-2978.

Friends of the Arcata Marsh seeks gently used kids' science books. Call 826-2359.

Scholarship International of Arcata offers two scholarships (\$1,500 and \$1,000) to Arcata High School seniors. Applications available Feb. 2 at Arcata High School's counselor's office. Call 822-9494.

The Arcata City Council is looking for applicants for the Historic and Design Review Commission and the Economic Development, Transaction and Use Tax and Transportation Safety committees. Call 822-5953.

Nominations now being accepted for the 2015 Outstanding Contribution to the Arts Award. Nomination deadline is March 15. For nomination categories and further information call 442-0278.

Grant applications for the current year through Humboldt Sponsors are available to local nonprofits serving Humboldt County youth. Applications and instructions available at www.humboldtsponsors.org. Deadline is Feb. 13. 601-1449.

Bayside Ballet holds open auditions for Swan Lake at its school on Saturday, Feb. 7. Ages 7-13, 1:30 p.m. to 2:30 p.m.; ages 14 and up, 2:30 p.m. to 3:30 p.m.; character roles (no experience required), 3:30 p.m. to 4:00 p.m.

The Student Bird Art Contest is open to Humboldt County students from kindergarten through high school with \$550 in prizes. Deadline is March 20. For more information email sueleskiw@suddenlink.net or see www.rras.org/docs

Students in the Klamath Trinity area are eligible for 2015/2016 college scholarships through Dream Quest. Applications at Dream Quest in Willow Creek and high school counseling offices. For more information call (530) 629-3564 or email dreamquestwillowcreek@hotmail.com

The National Audubon Society announces its annual bird photography contest for youth, professionals and amateurs. Deadline for submissions is Feb. 23. Visit www.audubonphotoawards.org.

Redwood Region Audubon Society seeks submissions for its student nature writing contest for grades 4 through 12. Deadline is March 20. For more information email tomleskiw@suddenlink.net.

Call for ready-to-hang dragon-themed art in any medium for the Ink People's Mystical Dragon Show. Drop off Feb. 4 and 5 from 10 a.m. to 3 p.m. \$5, Free for Ink People members. 616-2185

Arcata Marsh Interpretive Center seeks artists and photographers for exhibits. 442-5444.

The Earn It, Keep It, Save It Volunteer Income Tax Assistance Program seeks volunteers for the 2015 tax season. 269-2052. ●

HUMBOLDT FLEA MARKET

Sun., Feb. 1st 8am-3pm

**Redwood Acres
— Fairground —**

**Admission Fee: \$1 After 9am
Kids 12 & Under FREE
Early Birds \$2**

For Reservations Call Dayton

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FILMLAND



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Mortdecai Mortifies

Whiplash whips it good

By John J. Bennett

filmland@northcoastjournal.com

Reviews

MORTDECAI. It was one of the great, pleasant surprises of my adult literary life when a friend introduced me to the Charlie Mortdecai books (*Don't Point That Thing at Me; After You with the Pistol; Something Nasty in the Woodshed*). Written by the late (I'd say great) Kyril Bonfiglioli, the three

slim volumes detail the darkening adventures of the louche, sardonic, hard-drinking cad-cum-art-dealer Mortdecai. Bonfiglioli's protagonist may or may not be a heightened/debased version of the author himself, but the books are rich with detail: from the palpable atmosphere of the debauched 1970s London upper crust, to the impossibly clean, lethal air of the wide open American West, to the savor of a fine bottle. They are

continued on next page ►

Presented by the Eureka Lodging Association



February 6-7, 2015

FRIDAY, FEBRUARY 6, 2015

CRAB CRAWL 5-9PM LOCATION: Downtown & Old Town Eureka
Indulge in an extended happy "crabby" hour with bars and restaurants offering seafood specials and crab-themed drinks. Use the printed guide to find participating locations.

SATURDAY, FEBRUARY 7, 2015

CRAB FESTIVAL 11-4PM LOCATION: C Street Market Place (Foot of C Street)
Bring the whole family to enjoy delicious food offered by local vendors, beer and wine garden, live music, crab races, kids games and activities, crab education, harvesting and processing demonstrations.

**For special hotel room rates
mention "Eureka Crab Crawl Festival"**

For details: (707) 442-9054
www.eurekamainstreet.org



#EurekaCrabCrawlFestival

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. **As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.**

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

American Sniper	Fri-Thur: (11:55a.m., 2, 3), 5:05, 6:05, 8:10, 9:10
Black or White	Fri-Thur: (12, 2:50), 5:40, 8:35
The Boy Next Door	Fri-Wed: (12:10, 2:30, 4:50), 7:15, 9:40; Thur: (12:10, 2:30, 4:50), 9:40
The Imitation Game	Fri-Thur: (12:30, 3:15), 6, 8:45
Into the Woods	Fri-Thur: (1:05), 6:30
The Loft	Fri-Thur: (1:30, 4:05), 6:40, 9:15
Mortdecai	Fri-Thur: (4), 9:25
Paddington	Fri-Thur: (12:35, 3:05), 5:35, 8:05
Project Almanac	Fri-Thur: (12:25, 3:10), 5:50, 8:30
Selma	Fri-Thur: (12:15), 5:55
Strange Magic	Fri-Thur: (12:05, 2:40), 5:20, 8
The Wedding Ringer	Fri-Wed: (1:55, 4:30), 7:05, 9:35; Thur: (1:55, 4:30), 9:35
Wild	Fri-Thur: (3:20), 8:55

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-3456

American Sniper	Fri-Sun: (12, 3), 6:05, 9:10; Mon-Thur: (3), 6:05, 9:10
The Boy Next Door	Fri-Sun: (12:05, 2:25, 4:45), 7:10, 9:30; Mon-Wed: (4:45), 7:10, 9:30; Thur: (4:45), 9:30
The Imitation Game	Fri-Sun: (11:55a.m., 2:40), 5:25, 8:30; Mon-Thur: (2:40), 5:25, 8:30
The Loft	Fri-Sun: (1:30, 4), 6:30, 9; Mon-Thur: (4), 6:30, 9
Mortdecai	Fri-Thur: (4:15), 9:20
Paddington	Fri-Sun: (1, 3:30), 5:55, 8:10; Mon-Thur: (3:30), 5:55, 8:10
Project Almanac	Fri-Sun: (1:05, 3:40), 6:15, 8:50; Mon-Thur: (3:40), 6:15, 8:50
Strange Magic	Fri-Sun: (12:35, 3:10), 5:45, 8:15; Mon-Thur: (3:10), 5:45, 8:15
The Wedding Ringer	Fri-Sun: (1:45), 6:50; Mon-Wed: 6:50

Minor Theatre

1001 H St., Arcata, (707) 822-3456

The Imitation Game	Fri: (3:15), 6, 8:45; Sat-Sun: (12:40, 3:15), 6, 8:45; Mon-Thur: (3:15), 6, 8:45
A Most Violent Year	Fri: (3:20), 6:10, 9; Sat-Sun: (12:30, 3:20), 6:10, 9; Mon-Thur: (3:20), 6:10, 9
Whiplash	Fri: (4:10), 6:40, 9:10; Sat-Sun: (1:40, 4:10), 6:40, 9:10; Mon-Thur: (4:10), 6:40, 9:10

Fortuna Theatre

1241 Main St., (707) 725-2121

American Sniper	Fri: (3:40), 6:40, 9:45; Sat: (12:30, 3:40), 6:40, 9:45; Sun: (12:30, 3:40), 6:40; Mon-Wed: (3:40), 6:40
Birdman	Fri: (3:50), 6:55, 9:45; Sat: (12:05, 3:50), 6:55, 9:45; Sun: (12:05, 3:50), 6:55; Mon-Wed: (3:50), 6:55
The Boy Next Door	Fri: (5), 7:30, 9:50; Sat: (12:15, 2:35, 5), 7:30, 9:50; Sun: (12:15, 2:35, 5), 7:30; Mon-Wed: (5), 7:30
Paddington	Fri: (4:35), 7, 9:15; Sat: (12, 2:15, 4:35), 7, 9:15; Sun: (12, 2:15, 4:35), 7; Mon-Wed: (4:35), 7
Project Almanac	Fri: (4:05), 6:40, 9:15; Sat: (12:40, 4:05), 6:40, 9:15; Sun: (12:40, 4:05), 6:40; Mon-Wed: (4:05), 6:40
Strange Magic	Fri: (4:40), 7, 9:25; Sat: (12:05, 2:20, 4:40), 7, 9:25; Sun: (12:05, 2:20, 4:40), 7; Mon-Wed: (4:40), 7

FILMLAND

continued from previous page

also beautifully written, almost impossibly funny and tragically under-acclaimed.

So I was of two minds before seeing the film: Bookworm hoped that no one would attempt a cinematic adaptation, so pure and perfect are the novels; Movie Nerd thought these stories could, if handled carefully, easily translate into the language of the big screen. While the novels are internal, with the action filtered through the foggy lens of the hero, that could be handled by a capable actor and savvy direction. The stories themselves hit all the marks of well-crafted screenplay, moving briskly and sometimes sexily through elegantly constructed mysteries.

Bookworm was right, though, as Movie Nerd should have known. Instead of having the temerity — or the influence — to make an intimate, '70s period piece based on obscure books, someone decided, likely in some airless boardroom, to make a big-budget “update” of same source material and piss on the grave of its author.

David Koepp most recently directed *Premium Rush* (2012), which was enjoyable if not entirely successful. He is also responsible for the script to *Indiana Jones and the Kingdom of the Crystal Skull* (2008), however, so his cinematic karma account is in arrears. Working from an adaptation credited to Eric Aronson, he recasts the portly crank Mortdecai as a trim, idiot lo-thario played by Johnny Depp, liberally deploying a British accent. Cash-poor landed gentry, Charlie Mortdecai is called upon by an old-school-associate-turned-policeman named Martland (Ewan McGregor) to surreptitiously investigate the disappearance of a significant Goya painting. Martland offers forgiveness of Charlie's sizable tax debt as compensation. So off toddles our “hero,” equally bent on misconceived subterfuge and self-destruction. His bumbling sleuthing eventually sends him to America, attended as always by indispensable manservant/thug Jock (Paul Bettany). There's some pointless business with a billionaire

(Jeff Goldblum) and his “nymphomaniac” daughter (Olivia Munn), with the suggestion of international terror in the background. Throughout, Charlie attempts to salvage his marriage to the lovely, much-too-good-for-him Johanna (Gwyneth Paltrow, also faking Briton).

While the movie pretends to honor the legacy of its source, it amounts to lip service of the most insulting sort. *Mortdecai* isn't technically awful, which might make it all the worse. The actors, in spite of their annoying fakery, are charming in an overblown Hollywood sort of way. The story clips along at a serviceable pace, even if many of the scenes feel padded. As forgettable entertainment, it's adequate. But gone are the glorious seediness, threadbare luxury and the vicious sarcasm that define the novels. Koepp sacrifices atmosphere and pith for a Depp-centric Brit minstrel show punctuated by occasional violence. The result is a ball-less trifle that shares little more than a skeleton with the work from which it is derived. R. 106m.

WHIPLASH. Come Oscar time, there's always one scrappy little indie in the mix. For 2015, this is it: Damien Chazelle's punishing, nuanced examination of Andrew Neiman (Miles Teller), a young jazz drummer bent on greatness, and Terence Fletcher (J. K. Simmons), the bandleader who may or may not be the one to help him achieve it.

A first-year student at the competitive Shaffer Conservatory, Neiman's drumming attracts the attention of Fletcher, who gives him a shot sitting in with his vaunted studio band. Neiman has talent and a strong work ethic, but maybe not the fortitude to withstand the constant withering attacks of his instructor.

What follows is an emotionally involving, often painful give-and-take that questions the nature of success in art. What does it take to succeed? Which teaching method best serves the gifted student? What does one have to sacrifice in order to “make it?”

It all may sound a little jazz-connoisseur pretentious — I had to put aside my own non-musician resentments in the early going, too. But *Whiplash* is utterly engrossing. Not only is the playing truly impressive (Teller performed all his own drumming), the performances captivate, and Chazelle creates a breathless, enveloping atmosphere with his visual compositions and pacing. The script constantly surprises with the authenticity of its emotional material, and refuses to let us off the hook with convenient resolutions or pat endings. This feels a lot like the some of the best work of the 1970s American movie renaissance, and that is a very good thing. R. 107m.

— John J. Bennett

Previews

BLACK OR WHITE. Kevin Costner and Octavia Spencer play grandparents battling for custody of a biracial girl. PG13. 121m.

THE LOFT. A shared secret apartment turns into a real estate nightmare for five dudes when somebody murders a woman in it. R. 102m.

PROJECT ALMANAC. Brainy teens build a time machine. Don't worry, they'll probably make good choices. PG13. 106m.

A MOST VIOLENT YEAR. Jessica Chastain, Oscar Isaac and David Oyelowo in an '80s organized crime drama. R. 125m.

Continuing

AMERICAN SNIPER. Bradley Cooper plays a Navy SEAL in an intense and moving biopic/war movie that doles out adrenaline and domestic devastation in equal measure. R. 132m.

BIRDMAN. Excellent weirdness as a former superhero franchise star (ahem, Michael Keaton) grasps at a second act. While his character struggles, Keaton clearly still has his chops. R. 120m.

THE BOY NEXT DOOR. Jennifer Lopez as a mother whose tryst with a teen goes *Fatal Attraction*. Seriously, JLo, do you not know a Lifetime movie trap when you see one? R. 107m.

THE IMITATION GAME. Benedict Cumberbatch plays Alan Turing in a biopic about the mathletes and cryptologists trying to crack the German code in World War II. PG13. 114m.

INTO THE WOODS. As soon as the singing starts, interest wanes and even the strong cast bores in the fairytale mash-up. PG. 124m.

PADDINGTON. A South American bear moves in with a London family and dodges a museum taxidermist in a live-action adaptation of the children's stories. PG13. 128m.

SELMA. David Oyelowo is a fine MLK, but the director pulls punches on violence and realistic bigotry, diminishing the impact of this biopic. PG13. 128m.

STRANGE MAGIC. This animated fairy-fest is “inspired” by *A Midsummer Night's Dream*. Voiced by Evan Rachel Wood and Elijah Kelley. R. 135m.

WEDDING RINGER. A matrimonial buddy movie with Kevin Hart as a best-man-for-hire suiting up for the wedding of an awkward dude (Josh Gad). R. 101m.

WILD. As author Cheryl Strayed, Reese Witherspoon narrowly escapes *Eat, Pray, Hike* territory to honestly explore self-reliance, love and loss on the Pacific Crest Trail. R. 115m.

— Jennifer Fumiko Cahill



MOVIES & EVENTS

..... Jan. 30 - Feb. 04

Fri Jan 30 → The International Fly Fishing Film Festival, Doors @ 6:30 PM, Show @ 7PM, \$20 Gen Adm, All ages.

Sun Feb 1 → Superbowl, Doors @ 2:30 PM, Game @ 3:30 PM, Free w/\$5 food & bev purchase, All ages.

Wed Feb 4 → Infected Mushroom Animatronic Tour Kick Off Free Show, Doors @ 9:30 PM, Free show w/online registration required @ <http://worldfamousparty.com/>, 21+.

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Many classes require pre-registration.

Arts & Crafts

DIGITAL PHOTO REPAIR. Feb. 7, 14, 21, 525 D St. Eureka, Instructor: Betty Dale Saturdays 9:30-12:30 p.m. Cost: \$67.00 If you have photos that are damaged, scratched, torn, stained, too dark or light, this is the class for you. Learn the basic Photoshop tools for enhancing and repairing images, such as level adjustment, color balance, as well as tools for removing spots and dust. Basic Photoshop skills required. Call Community Education to register 476-4500 (AC-0129)

INTRO TO EDITING DIGITAL PHOTOGRAPHY. Explore basic digital image management and editing and learn to use image-editing tools and techniques with Photoshop and Bridge. With Annie Reid. Tues./Thurs., Feb. 3-12, 6:30-8:30 p.m. Fee: \$145. Register by Feb. 2. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended (AC0129)

PLAYING WITH CLAY FOR GROWN-UPS. \$90, (5 weeks) Thurs., 10 a.m.-noon, Feb. 12 - Mar. 12, W/ Diane Sonderegger. Here's your chance to have some fun and get your hands dirty! We'll cover the basics of hand building in an informal, non-threatening setting. A variety of indoor and outdoor projects will be introduced and your ideas are welcome. Class is fun and a low stress intro. to ceramic art. Fire Arts Center, 520 South G St., Arcata. (707) 826-1445. www.fireartscenterarcata.com (AC-0205)

Communication

"MIRACLE CURES" YOU MAY BE MISSING REVEALED AT LIFETREE CAFÉ. A discussion about stem cell therapies will be held at Lifetree Café on Sun., Feb. 1, 7 p.m. The program, titled "Stem Cells: The Miracle Cure You May Be Missing Out On," includes a film featuring a regenerative stem cell procedure as well as an interview with Dr. Christopher Centeno, who performs orthopedic procedures using adult stem cells in both the U.S. and in an offshore clinic. Lifetree, a free Conversation Café, located on the corner of 13th and Union, Arcata. Coffee and snacks. For more info call Bob at (707) 672-2919 or bobdipert@hotmail.com (CMM-0129)

CREATIVE WRITING. March 3 - May 5, 286 Sprowl Creek Rd. Rm. 106, Garberville, CA Instructor: Stewart Kirby Tues's 5:30-8 p.m., Cost: \$80. Course is open to all levels of writing, and focuses on starting and ending one or more stories. Students will develop their story-writing muscles by jumping in and doing. The closest thing to a textbook will be the second half of Stephen King's ON WRITING, methodology of which is to write a few pages every day. Call College of the Redwoods-Community Education at 476-4500 to register. (CMM-0129)

A PROJECT MANAGEMENT SERIES: MARKET ANALYSIS-FIRST STEPS TO BUSINESS SUCCESS. Mon., Wed. Thurs., Feb. 16, 18 & 19. 5 p.m. 9:30 p.m., Fee: \$150 or \$135 w/ Series Membership. CR Community Education 525 D Street Eureka. Marketing Analysis is the first step to find out your best market prospects and fine tune your idea so you can sell it to others especially investors. This is a hands-on, step by step, project approach to get that idea up and moving forward. This class is part of a series. There are twelve, short, monthly classes in the Community Education's Project Management Series. Anyone can register for a single class at full class price. OR become a Project Management Series member by committing to 10 out of the 12 classes in the series and receive a 10% discount on every class fee! As a PM Series member you will get early "reminder" alerts for the next upcoming class in the series and a status email when an upcoming class is announced or nears capacity. Call Community Education for more information regarding the Series Membership and to register for the class 476-4500. (CMM-0129)

INTRODUCING YOURSELF TO THE SOCIAL NETWORK. Feb. 11, 18, & 25. 525 D St. Eureka Wed.'s 1-4 p.m., Fee: \$65, Instructor: Kim Moore. Want to learn a safe way to navigate through the internet while staying connected with family and friends? This short computer course will ensure a successful computer experience. Call College of the Redwoods-Community Education to register 476-4500 (CMP-0129)

TOUGH CONVERSATIONS: COACHING FOR CHANGE. This workshop will help managers hold the tough conversations necessary when change is required. With Janet Ruprecht in Eureka. Fri., Feb. 6, 8:30 a.m.-12:30 p.m. Fee: \$85 (includes materials). Register by Feb. 2. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (CMM-0129)

Computer

BOOKKEEPING WITH QUICKBOOKS 2014. Feb. 2 - Mar. 10, Mon.'s & Tues.'s, 1 p.m. - 5 p.m., Fee: \$495, CR Community Education 525 D Street Eureka. Training will include the fundamentals of Bookkeeping and hands-on application for Bookkeepers for small business with an emphasis on the bookkeeping software Quickbooks 2014. Call College of the Redwoods-Community Education to register 476-4500 (CMP-0129)

INTRO. TO QUICKBOOKS 2014. Wed.'s & Thurs.'s Feb. 25 & 26, and March 4 & 5, 5:30 p.m.-8:30 p.m., Fee: \$99, CR Community Education 525 D Street Eureka. This is a basic 12-hour "BOOTCAMP" for Quickbooks 2014. Excellent course for students with a background in bookkeeping looking to add Quickbooks to their resume. Call College of the Redwoods-Community Education to register 476-4500 (CMP-0129)

Dance/Music/Theater/Film

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning. Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-0226)

DANCE WITH DEBBIE. We make learning to dance fun! Tues. is our Latin night and Thurs. is our ballroom night. Get ready to dance at the Redwood Coast Music Festival. We give private lessons, too. (707) 464-3638, debbie@dancewithdebbie.biz (DMT-0129)

PIANO LESSONS. Beginners, all ages. Experienced. Judith Louise 476-8919. (DMT-1231)

DANCE SCENE STUDIOS. Excellent instruction in Ballet, Creative Dance, Hip Hop, Belly Dance, Pilates, Jazz, Adult Ballet, Senior Ballet. 1011 H St., Eureka. www.DanceEureka.com (707) 502-2188. (DMF-0402)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri.'s, 11:30 a.m.-12:30 p.m., \$50. Beg/Int. continuing students: Mon.'s, 7-8 p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0129)

DANCE AROUND THE WORLD! Fun, exercise, amazing music and culture! High-Energy international dance class offers an intriguing array of dances from different countries and cultures. Connect with your roots and learn about others! Tues.'s. 7:30 - 8:30 pm. \$8 drop-in or \$40 for 8-week session starting 1/27/15. Redwood Raks World Dance Studio 8th & L St., Creamery Building, Arcata Teachers: Linnea Mandell & Craig Kurumada (707) 822-8045 linneamandell@gmail.com www.RedwoodRaks.com (DMF-0212)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-0528)

ZUMBA WITH ANN! Zumba Fitness, Mon., Arcata Vets Hall; Zumba Toning (light weights provided). Thurs., Redwood Raks Dance Studio, both classes 5:30-6:30 p.m., \$6, drop-in, everyone welcomed & no membership req.! Punch cards avail. Ann has over 20 yrs. dance/fitness instr. Questions call Ann (707) 845-1055, annyoumans.zumba.com (F-0226)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

Games & Leisure

PLAY CANASTA? Canasta club forming in Eureka. Haven't played in a while or want to learn? Interested? Join us! For information please email CanastaHumboldt@gmail.com (GL-0205)

Home & Garden

PRACTICAL BEEKEEPING. Learn how to keep and manage honeybees for pollination and honey. Learn bee biology, life cycle and social organization. With Dick LaForge. Sundays, Feb. 22-May 3, 1-3 p.m. Fee: \$140. \$50/unit additional for 1 unit of optional academic credit in ZOOL X315. Register by Feb. 23. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (HG-0212)

GREEN BUILDING. Discover new alternatives to sustainable residential design by building with at least three natural materials, including cob, slip-wood and papercrete. With Sean Armstrong. Wednesdays, Feb. 4-April 1 (no class March 18), 3-4:50 p.m. Fee: \$65. This sustainable living course is offered by the Campus Center for Appropriate Technology (CCAT) through HSU College of eLearning and Extended Education. Register by Feb. 2. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (HG-0129)

FOUNDATIONS FOR ORGANIC GARDENING.

Learn to plan, plant and harvest an organic garden with Kelly Karaba. Tuesdays, Feb. 17-April 28 (no class March 17 or 31), 3-4:50 p.m. Fee: \$75. This sustainable living course is offered by the Campus Center for Appropriate Technology (CCAT) through HSU College of eLearning and Extended Education. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (HG-0212)

PRACTICAL BEEKEEPING. Learn how to keep and manage honeybees for pollination and honey. Learn bee biology, life cycle and social organization. With Dick LaForge. Mondays, Feb. 16-May 4, 6:30-8:30 p.m. and Saturday field trips, Feb. 28, April 4, April 18 and May 2, 1-3 p.m. Fee: \$140. \$50/unit additional for up to 2 units of optional academic credit in ZOOL X315. Register by Feb. 16. To register, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended/beekeeping (HG0212)

Kids & Teens

CERAMICS FOR OLDER KIDS, AGES 7-12 W/ BOB RAYMOND. (Two 5- week classes offered) \$80 per class. 4-6 p.m., Mon.'s, Feb. 9- Mar. 9, Tues.'s, and Feb. 10- Mar. 10. Adventure with clay: Learn various hand building and wheel-throwing techniques. Fire Arts Center, 520 South G St., Arcata, (707) 826-1445. www.fireartsarcata.com (K-0129)

CERAMICS FOR YOUNGER KIDS, AGES 4-7. W/ AMANDA STEINEBACH. Sat.'s, 9:30-11 a.m., \$75 per class. Feb. 21 - Mar. 21. Children will have a great time creating with clay. They will make one to two pieces per week and each project is designed to bring out their creativity. 520 South G St., Arcata, (707) 826-1445. www.fireartsarcata.com (K-0212)

JOIN THE JUNIOR CREW TEAM! Meets Mon.-Fri. Ages 11 and up. For more information call Head Coach Scott Gibson at (707) 845-4752. Humboldt Bay Rowing Association, www.hbra.org. (K-0129)

continued on next page ▶

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SPRING 2015 T-BALL REGISTRATION NOW OPEN.

Boys & Girls Club of the Redwoods, Spring T-Ball registration for girls & boys ages 5 – 8, based in Eureka, Arcata, McKinleyville. Register at the Bayshore Mall, St Joseph Health, Wellness & Resource Fair. Sat. Feb. 7, 10 a.m.- 3 p.m. T-Ball Hotline (707) 633-8783. More info. and on-line registration at www.BGCRRedwoods.org/tball (K0205)

Languages

JAPANESE LANGUAGE 101. Introductory Japanese language and culture with an emphasis on listening comprehension and speaking skills. With Mie Matsumoto. Wed.'s, Feb. 18 - March 11, 6:15-8:45 p.m., Fee: \$85. Pre-registration required. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (LA-0212)

Lectures

ARCHAEOLOGY. Sat. Jan. 31, 10 a.m.-4 p.m. Garberville Instructional Site. Fee: \$50 We will study the ancient sites of Northern Europe, including the Neolithic, Norse and the Celtic. Call College of the Redwoods Community Education to register 476-4500 (LE-0122)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

ALASKA:THE ULTIMATE TRAVEL DESTINATION.

Learn about the five distinct travel regions of Alaska, their incredibly diverse artistic, cultural, economic, environmental, geographic and visual attributes. With John Palmquist. Tues.'s, Feb. 3-10, 2-4 p.m. OLLI Members \$45/all others \$70. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

APPRECIATING TODAY'S POETRY I: BECOMING A POET.

This poetry class welcomes readers and writers at any level of expertise. Each week we will examine two poets to understand and appreciate their craft. With Pat McCutcheon. Trinidad Library. Wed.'s, Feb. 4-25, 2-4 p.m. OLLI Members \$65/all others \$90. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

BASIC AUDIO PRINCIPLES. Get an introduction to audio, review of microphones, audio mixer operations and hands-on audio editing with an emphasis on audio for video. With Matt Knight. Wed., Feb. 18, 6-8 p.m. at Access Humboldt, Eureka. OLLI members \$20/all others \$45. OLLI: 826-5880, www.humboldt.edu/olli (O-0212)

CREATIVE NONFICTION WRITING. Get familiar with the nonfiction genre by reading the work of published writers and the work of people in the class. With Heal McKnight. Tues.'s, Feb. 17, 24, March 3, 24, 31, & April 7, 6-8 p.m. OLLI members \$75/all others \$100. OLLI: 826-5880, www.humboldt.edu/olli (O-0212)

CREATIVE TRAVEL PHOTOGRAPHY. Experience a lively blend of lectures, discussions, and assignments as we tackle the challenges of photographing with creative intent. With Lorraine Miller-Wolf. Tues.'s, Feb. 17- March 10, 2-4 p.m. OLLI members \$65/all others \$90. OLLI: 826-5880, www.humboldt.edu/olli (O-0212)

BOOK ARTS: THE VERSATILE CONCERTINA SPINE.

Constructing a book with a concertina spine provides an opportunity to create a multitude of books. With Michele Olsen. Tues. & Thurs., Feb. 17 & 19, 1-4 p.m. OLLI Members \$45/all others \$70. OLLI: 826-5880, www.humboldt.edu/olli (O-0212)

COMPOSING & RENDERING STILL LIFE. Examine the meaning of still life through various cultural contexts and various still life arrangements. With Anthony Tovell. On the HSU campus, Sun's, Feb. 15-March 22, 10 a.m.-1 p.m. OLLI Members \$75/all others \$100. OLLI: 826-5880, www.humboldt.edu/olli (O-0212)

DEATH CAFE, HUMBOLDT. GATHER TO EAT CAKE, DRINK TEA AND DISCUSS DEATH. Our objective is to increase awareness of death with a view to helping people make the most of their (finite) lives. The Death Cafe is always offered with no intention of leading people to any conclusion, product or course of action -meeting topics will be determined by participants. With Gina Belton. Thurs.'s, Feb. 5, 19, March 5, April 2, 16, 6-8 p.m. OLLI Members \$25/all others \$50. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

EXPLORE SOUTH AFRICAN TRAVEL. Geckos in your shower, lions wandering through camp, and a waterfall that dwarfs Niagara - these are just a few of the wonders of southern Africa. Discuss planning and arranging your dream trip to Africa: options, considerations, and realities. With Rollie Lamberson. Thurs.s, Feb. 12-19, 11 a.m.-1 p.m.OLLI Members \$45/all others \$70. OLLI: 826-5880, www.humboldt.edu/olli (O-0205)

FANNING THE FIRE: FEEDING THE FLAMES OF YOUR CREATIVE PASSION. Let's recreate a Paris salon of the 1920s. This class will offer an opportunity for writers and visual artists to come together in a safe environment to express and share creative work about what ignites your imagination. With Bonnie Shand. Tues.'s, Feb. 3-April 7 (no class March 17 or 31), 1-3 p.m. OLLI Members \$100/all others \$125. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

FOUNDATION OF WELL-BEING & HAPPINESS.

Learn the practice of mindfulness and the art of self-compassion to bring greater well-being, happiness, resilience, self-worth, love and peace into your mind, your heart and your life.With Marilyn Montgomery.Thurs.'s, Feb. 5-26, 2-4 p.m. OLLI Members \$65/all others \$90. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

GENTLE YOGA 1. Practice yoga stretches to relax your body and calm your mind with poses for all levels and body types. Improve balance, strength, flexibility and concentration. With Patricia Starr. Mon's., Feb. 2-23, 1-2:30 p.m. OLLI Members \$65/all others \$90 OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

THE BRAINS OF LEONARDOS:A DISCUSSION OF LEONARD SHLAIN'S POSTHUMUS ESSAY ON DA VINCI. Dr. Leonard Shlain's neurological generalizations provided insights into one of the world's greatest minds. The class will discuss the author's posthumous work Leonardo's Brain: Understanding da Vinci's Creative Genius. With Tom Gage. Thurs., Feb. 5-26, 2-4 p.m. OLLI Members \$65/all others \$90. OLLI: 826-5880, www.humboldt.edu/olli (0129)

INTRODUCTION TO IPAD BASICS. Annie Reid will lead participants through the steps necessary to connect to wi-fi, save web bookmarks, set up personal accounts and explore a variety of apps, ports, buttons and controls. Mon., Feb. 2 and 9 and Fri., Feb. 6, from 10 a.m.-noon. OLLI Members \$55/all others \$80. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

INTRO. TO STEEL DRUMS. Learn to play the steel drums with Kate Lang-Salazar in this fun and enriching class for students of all levels. No previous musical training is required. Fri.'s, Feb. 6-27, 11:30 a.m.-12:30 p.m. at the Pan Arts Network in Arcata. OLLI Members \$50/all others \$75. OLLI: 826-5880, www.humboldt.edu/olli (O-0205)

KLIMT, SCHIELE, FREUD & THE RISE OF SEXUAL ART IN VIENNA. Explore the art of Gustav Klimt and Egon Schiele in relation to the birth of psychology with Sigmund Freud in Vienna. With Ron Johnson. Tues.'s, Feb. 3-17, 6-8 p.m. OLLI Members \$55/all others \$80. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

LAST WORD: HOW TO WRITE YOUR OWN OBITUARY. Through reflective writing and discussion, the class will survey of epitaphs, tributes, and memorials to incorporate into your own or another's story. With Carol McFarland. Mon., Wed., & Fri., Feb. 16, 18 & 20, 2-3:30 p.m. OLLI Members \$55/all others \$80. OLLI: 826-5880, www.humboldt.edu/olli (O-0212)

LEARN TO DRAW. Demystify the drawing process by simplifying it into achievable steps. Learn the foundation to understanding how to draw anything. With Brent Eviston. Two Options: McKinleyville Library Conference Room, Mon.'s, Feb. 2-March 9, 3-5 p.m. or in Eureka, Tues.'s, Feb. 3-March 10, 2-4 p.m. OLLI Members \$100/all others \$125. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

MEMOIR: WRITING YOUR LIFE STORY. Engage in the process of life review, reflection and assessment through drawing and writing exercises. With Sharon Ferrett. Mon.'s, Feb. 2-March 2 from 4-6 p.m. Timber Ridge of McKinleyville. OLLI Members \$60/all others \$85. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

NORTH OF THE "RIVER OF DOVES": HISTORIC SITES FROM LITTLE RIVER TO KLAMATH RIVER. Learn about the first seat of Klamath County, the "Teddy Bear" fire of 1908, the fraud that preceded a president's wife and the Rio de los Osos - the Klamath. With Jerry and Gisela Rohde. Two Options: Friday, Feb. 6, 1-3 p.m.at the Trinidad Library or in Eureka. Sat., Feb. 7, 1-3 p.m. OLLI Members \$30/all others \$55. OLLI: 826-5880, www.humboldt.edu/olli (O-0205)

THE SEVEN PRINCIPLES FOR MAKING RELATIONSHIPS WORK. Take an OLLI class with your partner! Improve your friendship, fondness and admiration in your significant relationship. Learn new tools to improve communication, enhance romance and intimacy, manage conflict, and create rituals and shared meanings to last a lifetime. No one will be asked to disclose personal details in front of others. With Lou Ann Wieand. Sat. & Sun., Feb. 14 & 15, 9 a.m.-4 p.m. OLLI Members \$70/all others \$95. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

OPENING THE GATES OF INSIGHT & WISDOM WITH SOULCOLLAGE®. Learn how to create easy and fun SoulCollage® cards in an intuitive, expressive art process that becomes a visual journal with deep personal meaning. With Marilyn Montgomery. Wed's, Feb. 11-March 4, 2-4 p.m. OLLI Members \$65/all others \$90. OLLI: 826-5880, www.humboldt.edu/olli (O-0205)

OTTOMAN EMPIRE & TODAY'S MIDDLE EAST.

Explore Neo-Ottomanism, Islam in politics, laicism and religious tolerance, and advances and obstacles for women in the Middle East. With Tom Gage. Tues.'s, Feb. 3-24, 6-8 p.m. OLLI Members \$65/all others \$90. OLLI: 826-5880, www.humboldt.edu/olli (00129)

SELLING YOUR BOOKS. Learn to master the unfamiliar challenges of selling books, use the various sales and promotional channels, understand the economics and trade-offs and select what best fits your needs. With JJ Semple. Wed.'s, Feb. 11-March 11, 4-6 p.m. OLLI Members \$70/all others \$95. OLLI: 826-5880, www.humboldt.edu/olli (O-0205)

TAI CHI MADE EZ. Learn a short version of Tai Chi made up of simple, smooth, circular movements designed to stretch, limber, tone and strengthen the body. With Glenda Hesseltine at the Arcata Presbyterian Church. Mon.'s, Feb. 2-March 9, 3-4:30 p.m.OLLI Members \$70/all others \$95. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

THE LIFE & FILMS OF KATHARINE HEPBURN.

Hepburn worked with most of Hollywood's best directors, opposite the biggest actors in many genres, from comedy to drama, westerns to classic literary films. Off screen, Kate was outspoken, sometimes flamboyant and certainly colorful. With Philip Wright. Thurs.'s, Feb. 5-March 26 (no class March 19), 6-9 p.m. OLLI Members \$85/all others \$110. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

TRAVELING: WHAT TO TAKE & HOW TO PACK.

Discuss what and how to pack and share ideas for a more enjoyable travel experience. With John Palmquist. Two Options: McKinleyville Library Conference Room, Mon, Feb. 2, 6-8 p.m. or in Eureka, Thurs., Feb. 5, 2-4 p.m. OLLI Members \$30/all others \$55. OLLI: 826-5880, www.humboldt.edu/olli (O-0129)

UNDERSTANDING FRENCH CULTURE. This course offers a multimedia and interactive presentation of important themes that are keys to understanding French culture, places, defining authors and artists. With Laurent Cleenewerck.Thurs.'s, Feb. 5-19, 10 a.m.-noon. OLLI Members \$55/all others \$80. OLLI: 826-5880, www.humboldt.edu/olli (0129)

UNDERSTANDING VIDEO PRODUCTION. Learn the process of video production, proper framing, basic lighting principles and styles as well as hands-on tips for stabilizing shots. With Matt Knight. Sat., Feb. 7, noon-2 p.m. at Access Humboldt, Eureka. OLLI Members \$20/all others \$45. OLLI: 826-5880, www.humboldt.edu/olli (O-0205)

Spiritual

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-0129)

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org
EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com. (S-1231)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Come see for yourself on a Sun. morning. 9 a.m. meetings include child care. Children's & teen's Religious Education classes are available during our 11 a.m. meetings. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0129)

KDK ARCATA BUDDHIST GROUP. Under the direction of Lama Lodru Rinpoche. We practice Tibetan meditation, followed by discussion. All are welcome. For more info contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com. Sun's., 6 p.m. Community Yoga Center 890 G St, Arcata. Our webpage is www.kdkarcatagroup.org (S-0126)

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-0129)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-0403)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0326)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m.-7:45 p.m., at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0820)

Dear HumCo,

Tell us your food crush!

Yours always,
NCJ

P.S. Email jennifer@northcoastjournal.com

IF YOU ARE ALONE AFTER THE DEATH OF YOUR SPOUSE. And would like to get together with other widowed people, call Nancy Eastham (707) 441-4846 (S-0205)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0129)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0528)

Vocational

HELP OTHERS BY BECOMING CERTIFIED IN MASSAGE THERAPY! Holistic Health Education courses have been available at Loving Hands Institute since 1989. Come learn from experienced professionals at a reasonable cost and at your own pace! For more information on our 510 hour program call 725-9627 or visit www.lovinghandsinstitute.com (V-0416)

OFFICE SPECIALIST I. March 5- May 8. College of the Redwoods Del Norte Campus 883 W. Washington Blvd. Crescent City, Thurs.'s & Fri.'s, 9 a.m. - 1 p.m., Cost: \$595. Office Specialist training will teach you the knowledge and skills necessary to be a successful worker in any office setting. You will gain experience in how to use a computer and modern office software, practice how to write a business letter and other office documents, answer the phone, work the front desk, and take care of customers. This training is appropriate for entry level office workers, as well as workers wanting to refresh or upgrade their existing skills. Call 476-4500 to register (V-0129)

PHYSICIAN'S OFFICE SPANISH. Feb. 5-26. at 525 D St., Eureka Thurs.'s, 5:30-7:30 p.m. Cost: \$78 Includes textbook and audio CD. College of the Redwoods-Community Education Offering CEU's to Medical Assistants and Medical Assistant students, however the class is open to anyone This program is designed to train non-Spanish-speaking physician's office staff in functional Spanish language skills to communicate with Spanish-speaking patients. pre-registration is required. Call College of the Redwoods-Community Education at to register 476-4500 (V-0129)

Wellness & Bodywork

DANDELION HERBAL CENTER. Classes with Jane Bothwell. 10 Month Herbal Studies Program, Feb.-Nov. 2015, meets one weekend per month with several field trips. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Plant Lovers Journey to Costa Rica with Jane Bothwell & Rosemary Gladstar, March 19-28, 2015. Let us guide you through the unsurpassed beauty and wondrous diversity of Costa Rica! Medical Cannabis Conference, April 25-26, 2015. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level. Register online www.dandelionherb.com or call (707) 442-8157. (W-0129)

AYURVEDIC HERBALIST PROGRAM. Northwest Institute of Ayurveda with Traci Webb. Starts March 13, Prerequisite: "Intro to Ayurveda" Feb. 3-17. Register: www.ayurvedicliving.com. Call: (707) 601-9025. (W-0505)

AYURVEDIC MASSAGE PROGRAM & ASIAN BODY THERAPIES. At NorthwestInstitute of Ayurveda with Traci Webb. Starts March 23. 112 CE Hours. Register: www.ayurvedicliving.com, Call: (707) 601-9025 (W-0319)

CANDLELIGHT HOT STONE YOGA AT OM SHALA! Join Artemisia Shine on Fri., Jan. 30, 7:30-9:30 p.m. De-stress, Detoxify and Awaken from Within while practicing hatha yoga by candlelight. Live Sound Healing Savasana. \$20. 858 10th St., Arcata, 825-YOGA (9642), www.OmShalaYoga.com (W-0129)

COME HOME TO YOURSELF: WOMEN'S EMPOWERMENT SERIES WITH ROBYN SMITH. STARTS JAN. 25. Deepen your relationship with yourself, uncover blocks to your creativity and evolution, and make transformative shifts towards living in alignment with your heart. (707) 440-2111 www.innerfreedomyoga.com. (W-0129)

INTRO TO THE HEALING ARTS OF EMEI QIGONG. Conscious exercising methods allow one to reach an optimal physical, mental and emotional state. With John Yamas. Tuesdays, Feb. 17-March 24, 7-8:30 p.m. Fee: \$55. Register by Feb. 16. To register, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended (W-0212)

INTRODUCTION TO AYURVEDA. At Moonrise Herbs with Traci Webb. Tuesdays, Feb. 3-17. 6:30-9:15 p.m., \$108. Prerequisite to Ayurvedic Herbalist Program starting March 13. 8 CE Hours. Register: www.ayurvedicliving.com, (707) 601-9025 www.ayurvedicliving.com (W-0129)

JIN SHIN JYUTSU EVENT CALENDAR.

Two ways to learn about this ancient way of balancing energy with the gentle application of the hands for health of body and mind. 1) Introductory lecture/demonstration (a benefit for the Breast and GYN Health Project), \$5 on Feb. 5, and March 5, 6:30-8 p.m. 2) Self Help series of 4 classes, Feb. 11, 18, 25 and March 4, 6:30-8 p.m. \$10 per class or \$35 for the series. All events at Arcata Wellness Center, 735 12th St., Arcata, by Denny Dorsett RN, certified Jin Shin Jyutsu practitioner and self help teacher, (707) 825-0824. (W-0305)

NEW STUDENT SPECIAL! \$30 for 3 classes! 50+ classes to choose from & free sauna when you come to class! Weekday classes are offered from 7:30 a.m. - 9 p.m. and also open on the weekends. 858 10th St., Arcata. 825-YOGA (9642), www.omshalayoga.com (W-0129)

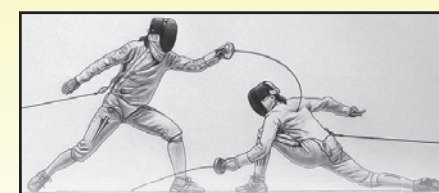
SOUND HEALING RESTORATIVE YOGA. Sat. Jan. 24, 3:30 - 6 p.m. Enter sacred space of calming live music from singing bowls, gongs, flute, guitar, chimes and voice while resting in gentle poses. \$45. Inner Freedom Yoga, 890 G St, Arcata Plaza. (707) 440-2111, www.innerfreedomyoga.com. (W0129)

START YOUR CAREER IN MASSAGE THERAPY. Now enrolling. Daytime classes start September 2, at Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit arcatamassage.com (W-1231)

VALENTINE'S DAY PARTNER YOGA AT OM SHALA! Sat., Feb. 14, 2-4 p.m. Join Peggy Profant and her husband Albo Mussman for a heartfelt and celebratory workshop. Open to friends as well as couples. \$45/couple or \$35 until Feb. 10. 858 10th St., Arcata, 825-YOGA (9642) www.OmShalaYoga.com (W0129)

YOGA IMMERSION AND TEACHER TRAINING BEGIN FEB. 6. Learn to share your love of yoga with confidence and skill. 200 hour certification course with Inner Freedom Yoga. Payments due by Jan. 25. 440-2111. www.innerfreedomyoga.com. (W-0122)

YOGA SPECIALS. 10 classes for \$85. Offered through Jan. 6-month expiration. For anyone new to Inner Freedom Yoga. Release tension through safety, alignment and opening your heart. 890 G St, Arcata Plaza. (707) 440-2111. www.innerfreedomyoga.com. (W-0129)



North Coast Fencing Academy

Improve your mind and body in a fun, intense workout, and a very chill environment.

Adults & kids ages 8 and up.

Contact Justin (707) 601-1657
Text or Phone.

1459 M. St. Arcata.

northcoastfencingacademy@gmail.com
northcoastfencing.tripod.com



SPRING 2015 T-BALL REGISTRATION NOW OPEN!

Boys & Girls Club T-Ball is for both girls and boys ages 5-8 based in Eureka, Arcata and McKinleyville.

Register at the Bayshore Mall, St. Joseph Health, Wellness & Resource Fair **Saturday, February 7th 10am-3pm**

More info and online registration at www.BGCRedwoods.org/tball
T-Ball Hotline 707.633.8783



NOTICE OF PETITION
TO ADMINISTER ESTATE OF
WILLIAM C. MARLOW
CASE NO. PR150004

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, WILLIAM C. MARLOW A PETITION FOR PROBATE has been filed by THOMAS W. MARLOW In the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that THOMAS W. MARLOW

Be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on January 29, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special

Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Leon A. Karjola, C.S.B. No. 69056 Attorney At Law 732 Fifth Street, Suite C Eureka, CA. 95501 (707) 445-0804 January 08, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

1/15, 1/22, 1/29/2015 (15-08)

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
C.E. PEGGY SMITH
CASE NO. PR150012

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, C.E. PEGGY SMITH, CONSTANCE ELIZABETH PEGGY SMITH, PEGGY SMITH A PETITION FOR PROBATE has been filed by ESTATE OF C.E. PEGGY SMITH In the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that SHERRY SISSON & SANDRA HEYER Be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on February 26, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the

personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Timothy J. Wykle, # 216943 Mathews, Kluck , Walsh & Wykle LLP 100 M Street Eureka, CA. 95501 (707) 442-3758 January 14, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT 1/29, 2/5, 2/12/2015 (15-16)

NOTICE OF PETITION TO
ADMINISTER ESTATE OF JUDITH
ALLEN MURPHY
CASE NO. PR150014

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, JUDITH ALLEN MURPHY A PETITION FOR PROBATE has been filed by LEE ALEXANDER In the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that JOHN B. FULLERTON, CPA Be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good

cause why the court should not grant the authority. A HEARING on the petition will be held on February 19, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Donald W. Bicknell Law Office of Donald W. Bicknell 732 5th Street, Suite H Eureka, CA. 95501 (707) 443-0878 January 15, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

1/22, 1/29, 2/5/2015 (15-14)

NOTICE OF PROBATE
SUPERIOR COURT OF
CALIFORNIA,
COUNTY OF HUMBOLDT
525 FIFTH STREET,
EUREKA, CA. 95501
THOMAS BECKER, aka TOM
BECKER
CASE NO. PR140251

Order Appointing Administrator, Special Administrator, Order Authorizing Independent Administration of Estate with full authority. THE COURT FINDS All notices required by law have been given. b. Decedent died on **October 12, 2014**, (1) a resident of the California county named above., and decedent's will dated **OCTOBER 1, 2014** THE COURT ORDER GALE BECKER is appointed **personal representative**: Special adminis-

trator with general powers and letters shall issue on qualification. **Full authority** is granted to administer the estate under the Independent Administration of Estates Act. Bond is not required. /s/ W. Bruce Watson Judge of the Superior Court Date: Oct. 16, 2014 Filed Oct. 16, 2014 Filing Attorney Richard Daly C.S.B #41302 Richard Daly, Inc. PO Drawer 1004 Eureka, CA. 95502 (707) 445-5471 **Question concerning Probate Notice Contact Substitution of Attorney Will T. Kay, Jr. S.B.N #059581** Law Office of Will Kay 628 H Street Eureka, CA. 95501 (707) 445-2339

1/29, 2/5, 2/12/2015- (15-19)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00753

The following person is doing Business as **CIARA'S IRISH SHOP**, Humboldt, 334 2nd. Street, Eureka, CA. 95501 **Mary C. Cree 3880 Palomino Pl. Fortuna, CA. 95540** The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s/ Cindy Cree, Owner This statement was filed with the County Clerk of Humboldt County on December 30, 2014 CAROLYN CRNICH Humboldt County Clerk

1/8, 1/15, 1/22, 1/29/2015 (15-04)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00027

The following person is doing Business as **A-BOMB SOUND PRODUCTIONS**, Humboldt, 1815 McFarlan St. Eureka, CA. 95501 **Adam J. Fishleigh 1815 McFarlan St. Eureka, CA. 95501** The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant

knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s/ Adam Fishleigh, Owner This statement was filed with the County Clerk of Humboldt County on January 13, 2015 KELLY E. SANDERS Humboldt County Clerk

1/22, 1/29, 2/5, 2/12/2015 (15-09)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00757

The following person is doing Business as **HARMONY CAFE**, Humboldt, 39010 Hwy. 299, Willow Creek, CA. 95573, PO Box 1171, Willow Creek, CA. 95573 **Abe Walston 27 Forest View Willow Creek, CA. 95573** The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on 12/15/14 I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s/ Abe Walston, Owner/Operator This statement was filed with the County Clerk of Humboldt County on December 31, 2014 CAROLYN CRNICH Humboldt County Clerk

1/22, 1/29, 2/5, 2/12/2015 (15-11)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00024

The following person is doing Business as **MCCLLOUD BILLING SOLUTIONS**, Humboldt, 3410 Dakota St., Eureka, CA. 95503 **M'Lissa S. McCloud 3410 Dakota St. Eureka, CA. 95503** The business is conducted by An Individual The date registrant commenced to transact business under the fictitious business name or name listed above on 1/12/2015 I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s/ M'Lissa McCloud, Owner This statement was filed with the County Clerk of Humboldt County on January 12, 2015 KELLY E. SANDERS Humboldt County Clerk By: A Abram

1/29, 2/5, 2/12, 2/15/2015 (15-15)

FICTITIOUS BUSINESS NAME STATEMENT 15-00018

The following person is doing Business as **REDWOOD ENERGY EDUCATION**, Humboldt, 1887 Q St., Arcata CA. 95521

Jenna L. Bader
1718 Buttermilk Ln.
Arcata, CA. 95521

The business is conducted by A General Partnership
The date registrant commenced to transact business under the fictitious business name or name listed above on 1/9/15
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Jenna Bader, Partner, Project Manager

This statement was filed with the County Clerk of Humboldt County on January 09, 2015

KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

1/29, 2/5, 2/12, 2/19/2015 (15-18)

FICTITIOUS BUSINESS NAME STATEMENT 15-00021

The following person is doing Business as **INSPIRED COLOR DESIGN**, Humboldt, 1240 Haven Ln., #2, McKinleyville, CA. 95519, PO Box 1261 Willow Creek, CA. 95573

Julienne Blanchette
1240 Haven Ln. #2
McKinleyville, CA. 95519

The business is conducted by An Individual

The date registrant commenced to transact business under the fictitious business name or name listed above on 1/12/2015

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Julienne Blanchette, Owner/
Operator Sole Proprietorship

This statement was filed with the County Clerk of Humboldt County on January 12, 2015

KELLY E. SANDERS
Humboldt County Clerk

1/22, 1/29, 2/5, 2/12/2015 (15-10)

FICTITIOUS BUSINESS NAME STATEMENT 15-00030

The following person is doing Business as **BRIAR PATCH WINERY**, Humboldt, Mile Post 1077, Hwy. 96, Hoopa, CA. 95546, PO Box 785, Hoopa, CA. 95546

Richard L Rowland
MP 1077 Hwy. 96
Hoopa, CA. 95546

The business is conducted by An Individual

The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Richard L. Rowland, Owner

This statement was filed with the County Clerk of Humboldt County on January 16, 2015

KELLY E. SANDERS
Humboldt County Clerk

1/22, 1/29, 2/5, 2/12/2015 (15-13)

FICTITIOUS BUSINESS NAME STATEMENT 15-00042

The following person is doing Business as **NATURAL SOLUTIONS**, Humboldt, 163 Placer Drive, Orleans CA. 95556, PO Box 342, Orleans, CA. 95556

Robert B. Rohde
163 Placer Drive
Orleans, CA. 95556
PO Box 342
Orleans, CA. 95556

The business is conducted by An Individual

The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Robert Rohde, Owner

This statement was filed with the County Clerk of Humboldt County on January 23, 2015

KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

1/29, 2/5, 2/12, 2/19/2015 (15-117)

Hiring?

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OF POLITICS, PEOPLE AND ART
www.northcoastjournal.com
310 F St., Eureka, CA 95501
442-1400

NOTICE OF AGREEMENT TO PURCHASE TAX-DEFAULTED PROPERTY FOR DELINQUENT TAXES (PURCHASE BY AN ENTITY OTHER THAN A CITY)

NOTICE IS HEREBY GIVEN, in accordance with the provisions of Division 1, Part 6, Chapter 8 of the California Revenue and Taxation Code (and the written authorization of the State Controller), that an agreement, a copy of which is on file in the office of the board of supervisors of Humboldt County, has been made between the Humboldt County board of supervisors and Resort Improvement District No 1 and Shelter Cove Sewer and other Facilities Maintenance District No 1. Approved by the State Controller, whereby Humboldt County will sell to Resort Improvement District No 1 and Shelter Cove Sewer and other Facilities Maintenance District No 1. under the terms set forth in said agreement all of the real property herein-after described, which is subject to the power of sale by the tax collector.

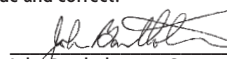
The effective date and time of the agreement shall be February 18, 2015 at 5:00 pm.

If the property is not redeemed according to law before the effective date and time of the agreement, the right of redemption will cease and the Humboldt County Tax Collector, pursuant to said agreement, will sell said property to Resort Improvement District No 1 and Shelter Cove Sewer and other Facilities Maintenance District No 1.

If the property is sold, parties of interest, as defined in Section 4675 of the California Revenue and Taxation Code, have a right to file a claim with the county for any proceeds from the sale that are in excess of the liens and costs required to be paid from the proceeds. If excess proceeds result from the sale, notice will be given to parties of interest pursuant to law.

For information as to the amount necessary to redeem or other related issues pertaining to the property described in this notice, contact John Bartholomew Tax Collector of Humboldt County in the State of California.

I certify (or declare), under penalty of perjury, that the foregoing is true and correct.


John Bartholomew, County Tax Collector

Executed at Eureka, Humboldt County California, on January 21, 2015.
Published in North Coast Journal on January 22nd, 29th and February 5th 2015.

PARCEL NUMBERING SYSTEM EXPLANATION

The Assessor's Parcel Number (APN), when used to describe property in this list, refers to the assessor's map book, the map page, the block on the map, (if applicable), and the individual parcel on the map page or in the block. The assessor's maps and further explanation of the parcel numbering system are available in the assessor's office.

The properties that are the subject of this notice are situated in Humboldt County, California, and are described as follows:

ITEM NO.	ASSESSOR'S PARCEL NUMBER	LAST ASSESSEE NAME
1	109-061-019-000	Kerry L & Cherise Terry
2	109-171-012-000	Danny Chu & Samantha Cham
3	109-221-005-000	Armand Contreras
4	109-251-041-000	Georges & Kris DeBoelpaep
5	109-261-003-000	Reyes R & Maria J Cordova
6	109-261-022-000	Jaime Medina
7	110-071-001-000	James L Young
8	110-071-003-000	Ray Green & Chad Peckham
9	110-151-030-000	W B & Mary R Van Deventer
10	110-251-039-000	Mahmoud & Melih Shaffie

1/22, 1/29, 2/5/2015 (15-12)

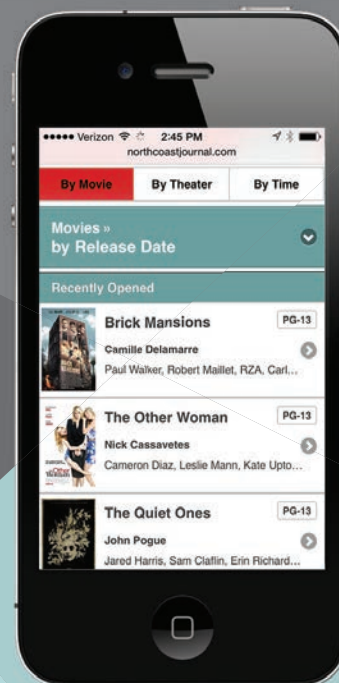
MOVIE TIMES. TRAILERS. REVIEWS.

DESKTOP:

[northcoastjournal.com/
MovieTimes](http://northcoastjournal.com/MovieTimes)

MOBILE:

m.northcoastjournal.com



Browse by title, times and theater.

thejournal
OF POLITICS, PEOPLE AND ART

ncj COCKTAILCOMPASS
NORTHCOASTJOURNAL.COM/COCKTAILCOMPASS

m.northcoastjournal.com

RESTAURANTS, MUSIC, EVENTS, MOVIE
TIMES, ARTS LISTINGS, BLOGS



RIGHT
ON YOUR
PHONE

Thinking Outside the Galaxy

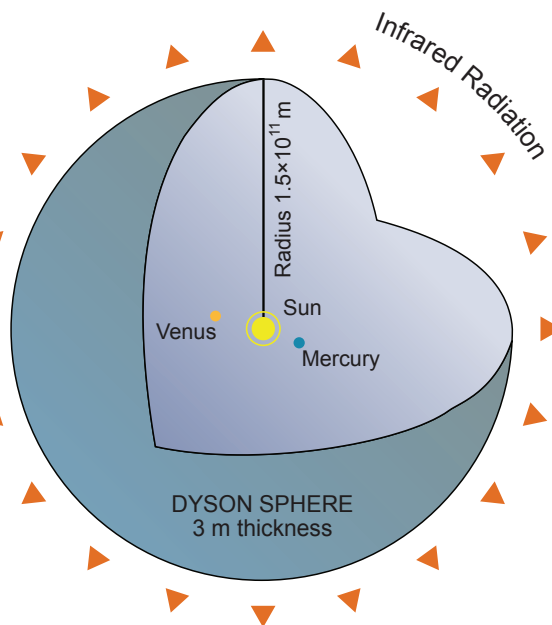
By Barry Evans

fieldnotes@northcoastjournal.com

When it comes to thinking outside the box, Nikolai Kardashev is your man. In 1963, the then 31-year-old Soviet astrophysicist ranked hypothetical extraterrestrial civilizations in terms of their energy use with what is now known as the “Kardashev classification scheme.” His interest was SETI, the Search for Extraterrestrial Intelligence using radio telescopes — specifically, he wanted to know what sort of signal might identify an advanced alien culture. How advanced? That’s where the expansiveness of his thought comes in. In a landmark scientific paper, he speculated on three types of extraterrestrial civilization.

- A Type I civilization (“planetary”) harnesses energy at about the same rate as we do on Earth, specifically (in 1963) 4 trillion watts.
- A Type II (“stellar”) civilization is capable of capturing all the energy output of its parent star. Think of a Dyson sphere — a gigantic spherical shell constructed around the sun to intercept 100 percent of its energy.
- A Type III (“galactic”) civilization has the capacity to harness the energy of its entire galaxy.

Later thinkers have found it convenient to amend Kardashev’s Type I. Instead of the 4 trillion watts he used (global energy use has quadrupled since 1963), it’s more useful to think of a Type I civilization as having the capacity to utilize the equivalent of the sum total of sunlight falling on Earth. In round numbers, our planet intercepts one-billionth of the sun’s energy, while our current energy use is one-millionth of that. (Most energy comes from fossil fuels at present, but we’re slowly learning to better exploit renewable solar



HYPOTHETICAL “DYSON SPHERE” USED BY A KARDASHEV TYPE II CIVILIZATION TO CAPTURE ALL THE ENERGY EMITTED FROM ITS PARENT STAR, IN THIS CASE, THE SUN. WIKIMEDIA PUBLIC DOMAIN

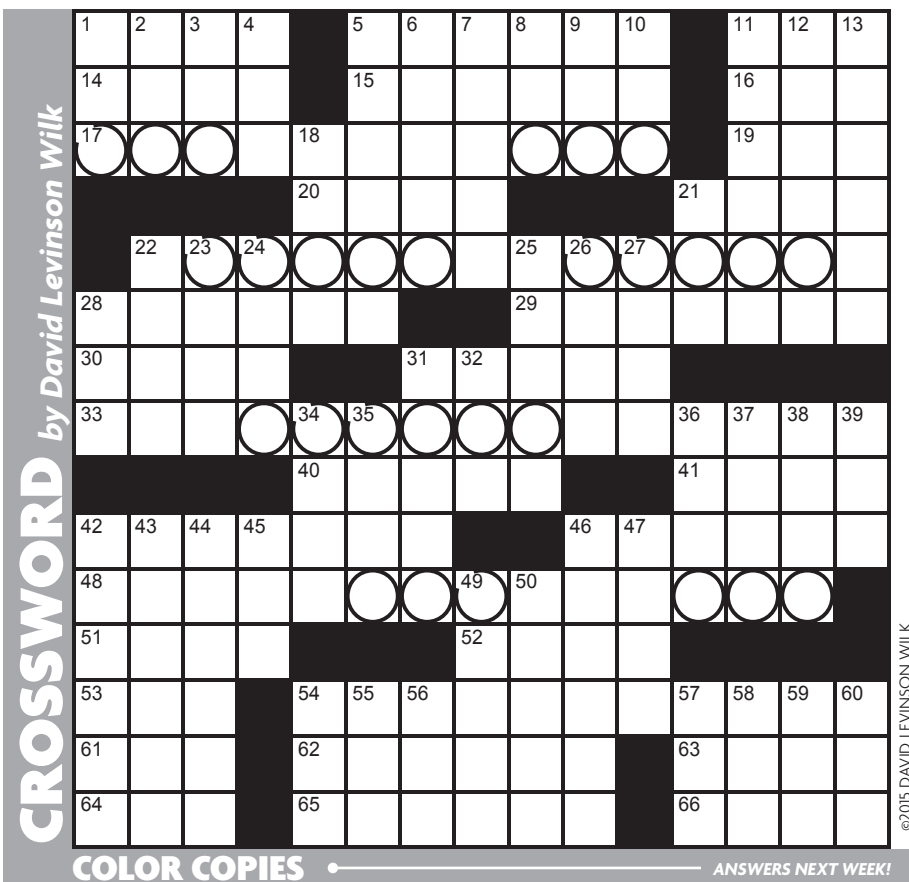
power — we now waste 99.99 percent of available sunlight.)

Back to SETI. Kardashev reasoned that we should be able to discover Type II civilizations in our own galaxy, since whatever the ETs do with all the energy they garner from their sun, the frequency of that energy will inevitably be downshifted, according to the Second Law of Thermodynamics (entropy). A Dyson sphere around a star would glow in the infrared, and thus be detectable by radio telescopes; if astronomers discover a huge, softly glowing “star,” they might have found an advanced alien civilization.

The flaw in all this, of course, is to equate “advanced” with “increased energy use.” We tend to make that assumption on Earth, where, for example, the U.S. per-capita use of energy is 20 times that of Cambodia, and thus we might give ourselves a pat on the back for being more advanced. But the times are a-changing, and as we start to prioritize conservation and efficiency, perhaps *reduced* energy use is a better metric of how far we’ve come. Maybe those civilizations sought by the SETI community have turned the whole “advanced corresponds to more energy use” assumption on its head by figuring out how to thrive on minuscule power.

Now in his 80s, Nikolai Kardashev is still active as the deputy head of the Russian Space Research Institute in Moscow. I wonder what he thinks of all the speculation he’s generated. ●

Barry Evans (barryevans9@yahoo.com) fantasizes about living in a Kardashev Type 0 civilization. His Field Notes anthologies are available at local bookstores.



ACROSS

- Guy from Tucson in a Beatles song
- Short winter holidays?
- Texans' org.
- From the top
- Like a romantic dinner
- Suffix with script
- Dropped off again, perhaps
- Ovid's 104
- Acclaim for picadors
- Jai ____
- "Lolita" narrator
- Two cohosts who joined Whoopi on "The View" in 2014
- Supporter of the 1%, say
- Poison lead singer Michaels
- Sign before Taurus
- Without delay
- Chopin work

DOWN

- Bird feeder fill
- "Lost in Translation" director
- Lost it
- Like some poseurs, in slang
- No Child Left Behind dept.
- Inaugural feature
- Part of a sch. year
- They're often made at print shops (they're made in 17-, 22-, 33- and 48-Across)
- Nile reptile
- Upholsterer's sample
- Bounce back
- Gridiron positions: Abbr.
- Actress Milano
- Piquancy
- Rattle
- ____ Direction (boy band)
- "The Beverly Hillsbillies" dad
- Have debts
- Fox show that had a character named Fox, with "The"
- Man with a van, perhaps
- "Give it ____!"
- Orch. section
- One having a little lamb
- Turf
- Cell centers
- Monastery residents
- Housing developer William who has a Long Island town named after him
- It might be pierced
- Co. led by Baryshnikov in the

1980s

- Butt (in)
- Applications
- Barack's re-election rival
- Food brand that claims its ketchup comes out of its bottles at .028 miles per hour
- Man with a van, perhaps
- ____ soup
- Abbr. on a Topps card
- Way to see the world?
- Tattle (on)
- Bad way to go
- "The Lion King" queen
- Arthur Ashe Kids' Day org.
- Totals
- TV actress Remini
- Jan. 1 till now
- "Veni, vidi, vici"

speaker

- Like Jackie Jackson, in the Jackson 5
- Freshens the pillow
- Cpl.'s inferior
- "You're mine!"
- Dos cubed
- Sounds from a 55-Down
- Ones awaiting a shipment, maybe
- Civil War side: Abbr.
- See 49-Down
- Set (down)
- Candy that turns heads?
- Swelling reducer
- Comments accompanying shrugs
- Souse

LAST WEEK'S ANSWERS TO BUMBLE

L	A	B	J	A	B	A	T	A	C	T	S
E	L	I	O	N	A	D	R	O	P	O	U
O	A	K	L	A	N	D	I	L	E	M	M
E	U	N	U	C	H	S	R	E	B	S	
E	S	P	N	L	O	A	B	U	M	B	L
N	C	A	A	S	P	R	E	O	P	Y	R
C	O	T	T	O	N	P	L	A	S	M	
W	H	I	T	E	S	O	F	T	H	E	I
C	R	E	A	M	S	O	D	D	E	D	
I	R	S	U	L	N	A	S	T	I	A	M
T	E	T	L	E	Y	R	T	S	C	R	O
S	T	A	S	A	X	I	L	L	A	E	
Y	U	C	A	T	A	N	F	E	E	L	S
O	N	E	T	W	O	S	F	D	A	A	V
U	E	Y	I	K	E	S	S	N	Y	E	N

su do ku

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	5		6					9				
	1	7	9	3				2				
					5	9				2		
	4	1						6	5			
3					1	6						
		2		4	3	5	7					
		8			5		6					
			7				8					

Lost & Found

BIG SIAMES CAT LOST.
On Hwy. 299 marker 14.3
need help to find.
good reward.
Contact: (707) 502-9357
or (707) 668-5919.

Clubs/Orgs

**GET YOUR TAXES
PREPARED
FOR FREE AT THE ANNUAL
TAXAPALOOZA EVENT
SATURDAY, JANUARY 31**
Don't wait until the last
minute to file your taxes!
Join us for our
TAXAPALOOZA
Saturday, January 31,
and get your income tax
return prepared for FREE!!
In honor of Earned Income
Credit Awareness Day, the
Volunteer Income Tax Assis-
tance Program (VITA) Earn It!
Keep It! Save It! (EKS) is once
again sponsoring this event.
VITA/EKS, served 590 indi-
viduals and families in Del
Norte and Humboldt coun-
ties in 2013, bringing more
than \$690,000 in tax refunds
and credits to our
local economy!
TAXAPALOOZA will be held
at College of the Redwoods,
from 1-5 pm in the Human-
ities Building, Room 204. To
qualify for FREE tax help,
your household income
must be \$53,000 or less in
2014. IRS certified tax
preparers will be on hand to
determine your eligibility for
the Earned Income Tax
Credit, Child Tax Credit, and
Child/Dependent Care
Expense Credit. To take
advantage of this opportu-
nity you must bring the
appropriate documents.

For more info, dial 2-1-1 or
call (707) 441-1001.
Don't miss Taxapalooza! NO
appointment necessary.
Se habla Española!

Sponsored by: 2-1-1
Humboldt/Humboldt
Community Access and
Resource Centers, Redwood
Community Action Agency,
and United Way of the Wine
County (ANN-0129)

Opportunities

AIRLINE CAREERS.
Start here - If you're a hands on
learner, you can become FAA
Certified to fix jets. Job place-
ment, financial aid if qualified.
Call AIM 800-481-8389. (E-0129)

Opportunities

**REDWOOD COAST PACE
SOCIAL WORKER**
Be a part of
Redwood Coast PACE
(Program for All-inclusive
Care for the Elderly) a new
program of the Humboldt
Senior Resource Center. The
Redwood Coast PACE Social
Worker is an important
member of the Interdisci-
plinary Team. Qualifications:
MSW required, with at least
one year experience working
with an elderly population
and knowledge of local
community services for the
elderly and their families.
Must have proficient
computer skills.
40 hrs./week. Mon.-Fri.
Excellent benefit package.
To view complete job
description or download job
application visit our website
at www.humsenior.org or
pick up an application at
1910 California St.
Eureka, Ca. 95501.
Submit letter of interest,
application, résumé and
three letters of recommen-
dation to address listed or
e-mail to: hr@humsenior.org
Call (707) 443-9747 Ext. 1257
for more information.
Application deadline:
Open until filled. EOE.

H I R I N G ?

**AMERICAN STAR
PRIVATE SECURITY.**
Is Now Hiring. Clean record.
Drivers license required. Must
own vehicle. Apply at
922 E Street, Suite A, Eureka
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WITH JETBLUE, BOEING,
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ified. Call Aviation Institute of
Maintenance
800-725-1563
(AAN CAN) (E-0129)

**ENVIRONMENTAL
ALTERNATIVES
FOSTER FAMILY AGENCY**
Seeking a Full-Time
Social Worker for our
Eureka office. Must have a
Master's Degree in a related
field. DOJ/FBI and CAIC
clearances are required.
Strong communication skills
a must. \$37,440 per year.
Excellent benefit package.
Resume: agarrison@ea.org
OCA# 125001457 EOE

Opportunities



**Southern Humboldt Community Healthcare
District is now accepting applications for:**

CLINICAL LAB SCIENTIST
Full time, flexible schedule, \$79,040-\$101,920/annually
plus on-call and call pack pay plus benefits package.

ADVANCED PRACTITIONER
Physician's Assistant or Family Nurse Practitioner;
flexible schedule with competitive pay and benefits.

SOCIAL WORKER
Full Time. MSW or LCSW required
\$25-\$35/hour DOE + benefits.

**PATIENT FINANCIAL SERVICES
REGISTRATION CLERK**
Evenings and weekends required. \$15/hour.

PHLEBOTOMIST / LAB ASSISTANT
Monday through Friday. Pay DOE

Visit www.shchd.org for more information and to apply
Or call (707) 923-3921 ext. 230

YUOK TRIBE JOB OPENINGS

ACCOUNTANT

FT/RG KLAMATH \$44,249-\$69,969 O.U.F

HEAD START TEACHER

FT/RG KEPEL \$36,896-\$47,964 O.U.F

YUOK LANGUAGE TEACHER AIDE

PT/RG KLAMATH \$13.76-\$17.90 FF DATE O.U.F

HEAD START TEACHER

FT/RG KLAMATH \$36,896-\$47,964 FF DATE O.U.F

FISCAL DOCSTAR CLERICAL

PT/RG KLAMATH \$10.03 FF DATE O.U.F

MENTAL HEALTH WORKER

FT/RG KLAMATH \$48,871-\$63,526 FF DATE O.U.F

TRANSIT BUS DRIVER

FT/RG \$15.45-\$20.09 FF DATE 1/28/15
2 POSITIONS OPEN 1-KLAMATH, 1-WEITCHPEC

FINANCE DIRECTOR

FT/RG KLAMATH \$84,278-NEGOTIABLE DOE FF DATE O.U.F
1ST REVIEW 1/31/15

TRIBAL COURT YOUTH WELLNESS COORDINATOR

FT/RG KLAMATH \$39,954-\$51,944 FF DATE 1/26/15

TRIBAL COURT WELLNESS COURT COORDINATOR

FT/RG KLAMATH \$39,954-\$51,944 FF DATE 1/26/15

PLANNER II GRANT WRITER

FT/RG KLAMATH \$35,954/\$39,954 FF DATE O.U.F
1ST REVIEW 1/30/15

SENIOR CIVIL ENGINEER FISHERIES

FT/RG WILLOW CREEK/WEAVERVILLE \$70,873-\$109,560
FF DATE 2/20/15

ASSISTANT DIRECTOR SELF GOVERNANCE

FT/RG KLAMATH/WEITCHPEC \$53,820/\$59,130 FF DATE 2/6/15

HEAD START BUS DRIVE

FT/RG KLAMATH \$15.86-\$20.62 FF DATE 2/6/15

All positions require a completed Yurok Tribe application. Any questions
please call (707) 482-1350 ext. 1376 or log onto www.yuroktribe.org.
Join us on Facebook: www.facebook.com/yuroktribehumanresources

Opportunities

**PLANNED PARENTHOOD NORTHERN CALIFORNIA (PPNORCAL)
PART-TIME AND FULL-TIME CLINICIANS (NP/PA/CMW)
EUREKA AND REDDING, CA
\$K SIGN ON BONUS AVAILABLE**

PPNorCal is currently seeking a Full-Time and Part-time
Clinician at our health centers located in Eureka and Redding CA.
These individuals will deliver family planning and abortion services to our
clients, function as part of a healthcare team and will be an integral part
of the Client Services department. These are non-exempt level positions
that include evening shifts as needed.
Salary DOE + bilingual pay differential. Email or fax your cover letter,
resume and names of three professional references with phone numbers
to: careers@ppnorcal.org
or Fax: (925) 676-2814. EOE.



Humboldt Bay Municipal Water District General Manager

The Humboldt Bay Municipal Water District (HBMWD) is
seeking a general manager to lead a well-run and highly-
regarded agency headquartered in Eureka. HBMWD is a
regional wholesaler that provides drinking water to seven
municipal agencies and untreated water to industrial
customers in and around the Humboldt Bay region of
Humboldt County. HBMWD has a reliable, locally-controlled
source of supply, Ruth Lake (which filled to capacity last
year and this year, despite the severe drought).

REQUIREMENTS include a Bachelor's Degree from
an accredited university or college, plus ten-to-fifteen
years of increasingly responsible and broad experience in
administration, management, engineering, utility, municipal
government, or water resource fields.

The ideal candidate must possess excellent
communication skills, and an inclusive management style
that emphasizes teamwork and collaboration. The ideal
candidate must also be an effective manager; possess
strategic, analytical and creative problem solving skills; and
be a proven leader who garners the trust and respect of
employees, the Board of Directors, customers, regulatory
agency staff and community groups.

HBMWD is a small agency. A successful GM must be able
to perform a variety of work activities, and be adept at
managing and directing multiple projects and assignments.
The GM must enjoy a dynamic environment in which "what
you did today will be different than what you do tomorrow."

Salary is under review and DOQ. HBMWD provides an
excellent benefit package.

TO APPLY submit a resume, completed HBMWD
Employment Application, a Cover Letter which summarizes
your qualifications and states why you are interested in this
position, and at least five professional references. Submit
application materials in a sealed envelope addressed to:

Humboldt Bay Municipal Water District
Confidential - Attention: GM Search Committee
P.O. Box 95
Eureka, CA 95502

Closing date is **February 25, 2015.**

For a position description, employment application,
and recruiting brochure please visit our website at
www.hbmwd.com. You may also call **(707) 443-5018**
or visit our office to discuss the position or
request an application packet.

Opportunities



Human Resources Associate

Dynamic international organization seeks to fill temporary position in Arcata

Position will perform HR functions, primarily: managing personal services contracts, recruitment, employee on and off-boarding, employment transactions, tracking of department expenses, and HRIS data maintenance.

Ideal candidates have:

- 2+ years administrative experience, preferable in HR
- Experience handling confidential and sensitive information
- Prior experience with databases, preferably HRIS
- Strong grasp of Microsoft Windows environment including MS Word, Excel, Outlook and Explorer

TO APPLY: Full details and applications online:
<http://www.internews.org/jobs>

open door

Community Health Centers

DIETICIAN

1 F/T Crescent City

LVN

1 F/T Fortuna

MEDICAL ASSISTANT

1 F/T Arcata

1 F/T Fortuna

1 F/T Willow Creek

MEDICAL RECEPTIONIST

1 F/T Crescent City

1 F/T Fortuna

OFFICE MANAGER

1 F/T Arcata (Prenatal Services)

RN

1 F/T Willow Creek

1 F/T Arcata

1 F/T Eureka (Mobile Health Services)

RN CLINIC COORDINATOR (SUPV)

1 F/T Willow Creek

1 F/T Crescent City

RDA

2 P/T (20 Hours/week) Eureka

2 F/T Crescent City

SITE ADMINISTRATOR

1 F/T Eureka

Visit www.opendoorhealth.com to complete and submit our online application.

Opportunities



14 W. Wabash Ave.
Eureka, CA 268-1866
eurekaca.expresspros.com

**Sheet Metal Worker • Purchasing Agent
Senior Caregiver • Outside Sales • Retail
Bookkeeper • Catering Servers • Maintenance
Office Assistant • Class A Driver • Laborers
Medical Office Receptionist • Carpenters
Registered Nurse • Medical Assistant**

CHANGE A LIFE TODAY!

Gain financial security while helping us support adults with developmental disabilities in our community. California MENTOR is seeking caring people with a spare bedroom to provide care from the comfort of your home. Receive a competitive tax-exempt monthly stipend and ongoing support. Call Sharon today for more information at 442-4500 ext. 16
www.mentorswanted.com (E-1231)

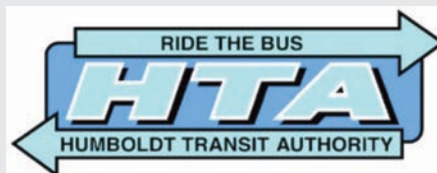


HUMBOLDT AREA FOUNDATION IS NOW ACCEPTING APPLICATIONS FOR A COMMUNITY STRATEGIES PROGRAM MANAGER

This is a Full-time exempt position based in Bayside, CA, including travel in Humboldt, Del Norte, Trinity & Curry Counties. Compensation is DOE and includes health and retirement benefits. This individual's responsibilities include but are not limited to gathering information about and being guided by community priorities, convening and catalyzing community-led efforts, supporting development of leadership skills and relationships, capturing and communicating lessons learned and progress made, development and management of program initiatives, monitoring budgets, supervising department assistants, and collaborating with community organizers.

For the detailed job descriptions, list of preferred qualifications, and application procedures please visit our website at www.hafoundation.org or for more information, call us (707) 442-2993.

Please submit your resume, cover letter, and a writing sample to
admin@hafoundation.org.
Deadline: February 20, 2015



THE HUMBOLDT TRANSIT AUTHORITY IS CURRENTLY HIRING BUS DRIVERS.

Our drivers operate all types of buses that are assigned to Humboldt Transit Authority fleet. Motivated individuals seeking to apply must be in possession of a valid Class C driver's license, and must present with their application, a current DMV printout of their driving record.

Certified on-site training is provided.

Drivers are responsible for the safe operation of all equipment in compliance with federal, state, county and municipal regulations.

All drivers will begin employment with part-time status and the option to work into full time position. Full-time drivers receive increases in compensation and a desirable benefits package.

Starting wage: \$14.22 / hour.

Please visit our website at:
www.hta.org
to download an employment application

Opportunities



CITY OF EUREKA DEPUTY CITY ENGINEER

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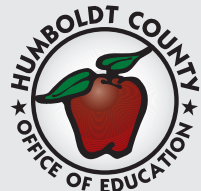
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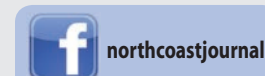
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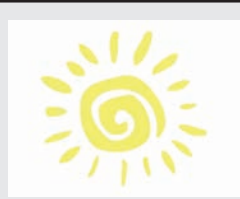
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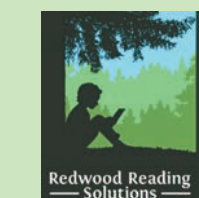
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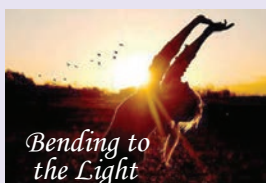
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Opening soon available for HUD Sec. 8 Waiting Lists for 2, 3 & 4 bedrm Apts.

Annual Income Limits:

1 pers. \$20,100; 2 pers. \$22,950;
3 pers. \$25,800; 4 pers. \$28,650;
5 pers. \$30,950; 6 pers. \$33,250;
7 pers. \$35,550; 8 pers. \$37,850.

EHO. Hearing impaired: TDD Ph# 1-800-735-2922. Apply at Office: 2575 Alliance Rd. Arcata, 8am-12pm & 1-4pm, M-F (707) 822-4104



2BR/1.5BA ARCATA \$800

Spacious Clean quiet apt. looking for clean quiet tenant. Top of the hill "H" St. dishwasher coin-op laundry on site. Few blocks from HSU. No cats or dogs. Lease dates negotiable. Available Feb. 1st. (707) 442-8510



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Roommates

ALL AREAS ROOMMATES.COM. Lonely? Bored? Broke? Find the perfect roommate to complement your personality and lifestyle at Roommates.com! (AAN CAN) (0723)

Comm. Space for Rent

S & W PROPERTIES, LLC.

Commercial space for lease in downtown Eureka. Parking included, close to courthouse, post office, and banks. Most utilities paid. Call (707) 443-2246 for showing. (R-0129)

Vacation Rentals

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Acreage for Sale



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1.33 acres, Willow Creek Community Service District Water, underground power & phone at property. R-2 soils report and perk tested. Approved septic system design by Trinity Engineering. Property is zoned RST. Property is located off Highway 299 on private road one mile east of Willow Creek. Ready to build. (530) 629-2031

Houses for Sale

HOME FOR SALE.

3.5 Bedroom plus loft in Eureka near Henderson Center. \$189,000. Please call (707) 444-8117.

LOOK 2BR/1BA ARCATA OWNER FINANCE 269K CASH OR 299K OWC w/ 75k down 2705 Alliance Road riverfloating@yahoo.com

NEW LISTING:

Yours!

PLACE YOUR OWN AD AT:

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HOUSING

Acreage for Sale
Apartments for Rent
Commercial Property for Sale
Commercial Space for Rent
Houses for Rent
Realtor Ads
Vacation Rentals

Eureka

Good rental history for these 7 units in Eureka. There are two older, small, 2 bedroom houses, one duplex with 2 bedrooms each, and a triplex with two 2 bedroom units and one 3 bedroom unit. The triplex and duplex were built in 1972. This is a nice corner property with a fenced communal courtyard. MLS#240300 **\$420,000**



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790 Main Street

530-623-5690

Hayfork Office

7050 State HWY 3

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HAYFORK

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owners. There is a den, spacious utility room and a 2-car attached garage. A covered concrete deck area surrounds 3 sides of the home. Detached garage gives you space for an additional vehicle. **\$369,000** Call 530-628-5850 for details



WEAVERVILLE

This 20 acre parcel is located in a great location & is waiting to be developed. This lot is level to sloping, has good year-round access and has a couple of building sites. Located close to downtown Weaverville, schools & shopping, this is just the place for you to build your home. Power is at the road, septic & well is needed. A great find & must see!!!

\$122,000 Call 530-623-5690 for details!

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707.845.2702



Katherine Fergus

Realtor/

Residential

Specialist

BRE# 01956733

707.601.1331

WEITCHPEC LAND/PROPERTY \$299,000

±60 Acre parcel privately located off Bald Hills Road which features a main unfinished house with loft, secondary cabin, large barn style out building, year-round producing spring with a holding pond for storage, and large open flats. A very peaceful setting; would make a great getaway/home site. A must see. Call today for a private showing. Owner may carry with substantial down.



REDUCED PRICE!



HYAMPOM LAND/PROPERTY \$275,000

Five parcels located above the Hyampom Valley off of Route 1. Properties feature roads, terraced topography, year round water and amazing views. Parcel sizes range from ±160 acres to ±615 acres.

FORTUNA SINGLE FAMILY HOME \$499,000

Beautiful Colonial style Victorian home originally built in 1905. Many modern amenities combined with the original details and craftsmanship make this home breathtaking. Includes a one bedroom mother-in-law unit with its own entrance. A must see grand entrance, large rooms, beautiful original woodwork, and library amongst many other improvements.



GREENWOOD HEIGHTS LAND/PROPERTY \$334,000

±80 Acres located near the intersection of Greenwood Heights and Kneeland Road, only 25 minutes from Eureka. This lush end of the road parcel boasts harvestable Redwood timber, year round creek, and beautiful Humboldt County views. This unique parcel is ready for your personal development, call today to schedule your private tour. Seller is truly motivated, submit all offers! Owner may carry.



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(Henderson Center),
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